

JUMP UP!

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Lauren Peacock

Music: Jump Up by Da Beat Bros

Starts after the words " Mr. C". Count 5,6,7,8, then start.

- 1-2** Jump both feet to the right, then left
- &** Quickly hook right foot in front & down low on shin of left leg
- 3&4** Right shuffle forward
- 5&6** Step forward left, pivot $\frac{1}{2}$ turn right, step forward left
- 7&8** Shuffle forward on right
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- 1&2&3** Three running men
- &4** Twist both heels to the left
- 5&6** Two paddle turns turning $\frac{1}{4}$ turn left each one
- &7&8** One paddle turn turning a further turn to the left, tap right foot out to side
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- 1&2** Kick right out in front, replace & touch left to left side
- 3&4** Kick left out in front, replace & touch, step foot out to side
- 5-6** Stomp right forward, clap x 1
- &7&8** Step left up beside right, step right forward, 2 claps
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- 1&2** Left coaster forward
- 3&4** Right coaster back
- 5-6** Step left forward and $\frac{1}{2}$ turn to the right, weight onto right
- 7&** Step left forward, $\frac{1}{2}$ turn hitching the right & clap
- 8&** Step right $\frac{1}{2}$ turn, hitching the left & clap (completing 1 full turn)

- 1-2&3&4** Sync vine to the left place left heel out at 45 degrees
- 5-6&7&8** Sync vine to the left place right heel out to 45 degrees
- 1-2** Step left forward, turn $\frac{1}{2}$ turn to right
- 3&4** Turning triple step...completing 1 full turn to right, moving slightly forward
- 5-6** Two walks right-left
- &7&8** Two backstreet boy steps (jump both feet apart, body facing 45 degrees left, jump feet together, jump both feet apart, body facing 45 degrees right, jump feet together)

REPEAT