

GIMME A BREAK

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Linda Hegarty

Music: I Need A Break by Noah Gordon

CROSS, TOUCH, KICK, CROSS, ROCK, RECOVER, STEP BACK, POINT

- 1-2** Step left over right, touch right toe beside left
- 3-4** Kick right forward, step right over left
- 5-6** Rock diagonally back left, recover onto right
- 7-8** Step left behind right, point right to right side

CROSS, SIDE, BEHIND, SIDE, TOUCH, STEP, FULL TURN

- 9-10** Cross right over left, step left to left side
- 11-12** Cross right behind left, step left to left side
- 13-14** Touch right beside left, step right to right side
- 15-16** Step left right while turning $1\frac{1}{4}$ turns right

SHUFFLE LEFT-RIGHT-LEFT, POINT HOLD, & ROCK RECOVER, STEP SCUFF $\frac{1}{2}$ TURN

- 17&18** Shuffle forward left-right-left
- 19-20** Point right to right side and hold for one
- &21-22** Step right beside left, rock forward left, recover onto right
- 23-24** Step left forward turning $\frac{1}{2}$ turn left, scuff right

SHUFFLE RIGHT-LEFT-RIGHT, POINT HOLD, & ROCK RECOVER, STEP SCUFF $\frac{3}{4}$ TURN

- 25&26** Shuffle forward right-left-right
- 27-28** Point left to left side and hold for one
- &29-30** Step left beside right, rock forward right, recover onto left
- 31-32** Step right forward turning $\frac{3}{4}$ turn right, scuff left

SIDE TOGETHER, SHUFFLE LEFT-RIGHT-LEFT, BACK ROCK, FULL TURN

- 33-34** Step left to left side, step right beside left
- 35&36** Shuffle left-right-left to the left
- 37-38** Rock right behind left, recover onto left

39-40 Step right left while turning 1 full turn left

SIDE TOGETHER, SHUFFLE RIGHT-LEFT-RIGHT, BACK ROCK, FULL TURN

41-42 Step right to right side, step left beside right

43&44 Shuffle right-left-right to the right

45-46 Rock left behind right, recover onto right

47-48 Step left right while turning $\frac{1}{2}$ turn right

CROSS KICK, BEHIND SIDE, CROSS KICK, STEP POINT

49-50 Step left over right, kick right forward

51-52 Step right behind left, step left to left side

53-54 Step right over left, kick left forward

55-56 Step left behind right, point right to right side

CROSS $\frac{1}{4}$ TURN STEP, STEP BACK TOUCH, STEP SCUFF $\frac{1}{2}$ TURN, SHUFFLE RIGHT-LEFT-RIGHT

57-58 Cross right over left and step left back turning $\frac{1}{4}$ turn right

59-60 Step right back, touch left beside right

61-62 Step left forward and scuff right round $\frac{1}{2}$ turn left

63&64 Shuffle forward right-left-right

REPEAT

TAG

STEP LEFT, STEP RIGHT, KNEE IN, KNEE OUT

After count 64 of wall 1 and count 32 of wall 3

1-2 Step left to left side, step right to right side

3-4 Bend right knee in, bend right knee out (placing weight onto right)

Start the dance over at count 1