

MAMMA KNOWS

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Count: 32

Wall: 2

Level: beginner/intermediate

Choreographer: E, L & Mc

Music: Mama Knows The Highway by Hal Ketchum

ROCK RIGHT CROSS, ROCK LEFT CROSS, ROCK BACK RIGHT, SHUFFLE FORWARD RIGHT

- 1&2** Rock to right side on right, rock onto left in place, cross right over left
- 3&4** Rock to left side on left, rock onto right in place, cross left over right
- 5-6** Rock back on right, rock forward onto left
- 7&8** Step forward right, close left beside right, step forward right

ROCK LEFT CROSS, ROCK RIGHT CROSS, ROCK BACK LEFT, SHUFFLE ½ TURN RIGHT

- 1&2** Rock to left side on left, rock onto right in place, cross left over right
- 3&4** Rock to right side on right, rock onto left in place, cross right over left
- 5-6** Rock back on right, rock forward onto left
- 7&8** Shuffle step forward making ½ turn right, stepping - left, right, left

ROCK BACK RIGHT, KICK FORWARD RIGHT TWICE, COASTER STEP RIGHT, COASTER STEP LEFT

- 1-2** Rock back on right, rock forward onto left
- 3-4** Kick right forward twice
- 5&6** Step back right, step left beside right, step forward right
- 7&8** Step back left, step right beside left, step forward left

ROCK BACK RIGHT, KICK FORWARD RIGHT TWICE, COASTER STEP RIGHT, COASTER STEP LEFT

- 1-2** Rock back on right, rock forward onto left
- 3-4** Kick right forward twice
- 5&6** Step back right, step left beside right, step forward right
- 7&8** Step back left, step right beside left, step forward left

REPEAT

TAG

After wall 1 and wall 5

1-2 Hip bumps right, left

TAG

After wall 7

1-4 Hip bumps right, left, right, left

RESTART

On wall 4, change count 12 to a touch and restart from count 1

On wall 8, dance counts 1-20 and then restart from count 1