

KNOCK IT OFF!

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Gaye Teather

Music: I Hear You Knocking by Dave Edmunds

HEEL SWITCHES X 3, CLAP TWICE, CHASSE RIGHT, SAILOR ¼ TURN LEFT

- 1&2** Touch right heel forward, step right beside left, touch left heel forward
- &3** Step left beside right, touch right heel forward
- &4** Clap hands twice
- 5&6** Step right to right side, step left beside right, step right to right

7&8¼ turn left stepping left behind right, step right to right, step left to left (facing 9:00)

WALK FORWARD TWICE, FORWARD MAMBO ½ TURN RIGHT, WALK FORWARD TWICE, FORWARD MAMBO

- 1-2** Walk forward right, left
- 3&4** Rock forward on right, recover onto left, ½ turn right stepping forward on right (facing 3:00)
- 5-6** Walk forward left, right

Option: full turn right traveling forward

- 7&8** Rock forward on left, recover onto right, step back on left

HEEL, TOE, TAP, TAP, HIP BUMPS X 3, FORWARD ROCK, SHUFFLE ½ TURN LEFT

- 1&2&** Touch right heel forward, lower right toes to floor, raise right heel & tap it to floor twice
- 3&4** Bump hips forward, back, forward (transferring weight onto right on last bump)
- 5-6** Rock forward on left, recover onto right
- 7&8** Shuffle ½ turn left stepping left, right, left (facing 9:00)

FORWARD ROCK, SHUFFLE ½ TURN RIGHT, STEP, PIVOT ¼ TURN RIGHT, CROSS SHUFFLE

- 1-2** Rock forward on right, recover onto left
- 3&4** Shuffle half turn right stepping right, left, right
- 5-6** Step forward on left, pivot ¼ turn right (facing 6:00)
- 7&8** Cross left over right, step right to right, cross left over right

TOE TAPS TWICE, KICK, BACK LOCK STEP, BACK, BACK, COASTER STEP

- 1&2** Tap right toes behind left foot twice, kick right forward on right diagonal
- 3&4** Step back on right, lock left over right, step back on right
- 5-6** Sweep left foot out and back, sweep right foot out and back
- 7&8** Step back on left, step right beside left, step forward on left

STEP, PIVOT ¼ TURN LEFT, KICK, OUT, OUT, IN, IN, OUT, OUT, IN, IN, KNEE POP

- 1-2** Step forward on right, pivot quarter turn left (facing 3:00)
- 3&4** Kick right forward, step right to right, step left to left
- &5** Step right in, step left in
- &6** Step right out to right, step left out to left
- &7** Step right in, step left in
- 8** Pop right knee in

Steps &5-7 travel slightly backwards

REPEAT