

# NOT THAT FAST

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Birgitte Kyhn Beinov

**Music:** Living In Fast Forward by Kenny Chesney

## ROCK STEP, CHASSE RIGHT, ROCK STEP, TRIPLE STEP ½ TURN LEFT

1-2 Rock forward on right, recover on to left

3&4 Chassé to the right side right-left-right

5-6 Rock forward on left, recover on to right

**7&8¼ turn left on left, step right next to left, ¼ turn left on left**

## SYNCOPATED GRAPEVINE RIGHT, & HEEL, POINT ¼ TURN RIGHT

1-2 Step right to right side, cross left behind right

&3-4 Step right to right, cross left over right, step right to right side

5&6 Cross left behind right, step right beside left, touch left heel diagonally forward left

&7-8 Step left next to right, point right to right side, ¼ turn right closing right beside left (weight on right)

## ROCK STEP, SHUFFLE ½ TURN LEFT, SHUFFLE FORWARD, SHUFFLE ½ TURN RIGHT

1-2 Rock forward on left, recover on to right

3&4 Left shuffle back making ½ turn left - left, right, left

5&6 Right shuffle forward right, left, right

7&8 Left shuffle forward making ½ turn right, stepping left, right left

## BACK ROCK STEP, KICK BALL CHANGE, CROSS UNWIND, LEFT COASTER STEP

1-2 Rock back on right, recover on to left

3&4 Kick right forward, step right next to left, step left in place

5-6 Cross right over left, unwind ½ turn left (weight on right)

7&8 Step back on left, step right next to left, step forward on left

**REPEAT**

**TAG**

**At the end of wall 2 and 5**

## **ROCKING CHAIR**

**1-4**      Rock forward on right, recover on to left, rock back on right recover on to left

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=32730](https://www.linedance.com/index.php?f=dance_view&id=32730)