

# One Reason

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**Count:** 48

**Wall:** 4

**Level:** High Beginner WCS

**Choreographer:** Agnethe Hansen (March 2016)

**Music:** One Good Reason by Tracy Chapman

## Intro: Start on vocal

### S1: Walk x 2 - Anchor step - Step bag x 2 - Cross step - Step bag

- 1 - 2 Walk forward on right foot, Walk forward on left foot
- 3 & 4 Cross right foot behind left, Step left foot on place, Step right foot slightly back
- 5 - 6 Step left foot bag, step right foot bag,

**7 & 8 cross left foot over right, step right foot bag and left foot beside right.**

### S2: Side Point switches - Heel dig switches - Hip bums ¼ turn

- 1& 2& Point right toe to right, right foot beside left. Point left toe to left, left foot beside right.
- 3& 4& Dig right heel in front, right foot beside left. Dig left heel in front, right foot beside right.
- 5 - 6 Touch right toe forward, push hip up and make ¼ turn to left, taking weight on right
- 7 - 8 Touch left toe forward, push hip up and taking weight on left

### S3: Extended vine right - Bag rock - Chasse left

- 1 - 2& Step right foot to the right side, cross left foot behind right, step right foot to right side
- 3 - 4 cross left foot over right and step right foot to right side.**
- 5 - 6 Rock back on left, recover on right

**7 & 8 step left foot to left side, step right foot beside left, step left foot to left side.**

### S4: Hip bums ¼ turn - Rock - Coaster step

- 1 - 2 Touch right toe forward, push hip up and make ¼ turn to left, taking weight on right
- 3 - 4 Touch left toe forward, push hip up and taking weight on left
- 5 - 6 Rock forward on right foot and recover on left foot.
- 7 & 8 Step right foot back, Step left foot next to right, Step right foot forward

### S5: Rock forward - Logstep bag - Bag rock - Logstep forward

1 - 2 Rock forward on left foot, recover on right foot

**3 & 4 step back on left foot, cross right over left foot and step bag on left foot**

5 - 6 Rock back on right foot, recover on left foot

7 & 8 Step forward on right foot, log left foot behind right and step forward on right foot

**S6: Step ½ turn - Step ¼ turn - Step forward - Bounce x 2**

1 - 2 Step forward on left, make a ½ turn on ball

3 - 4 Step forward on left and make a ¼ turn on ball

5 - 6 Step forward on left foot, close right foot beside left

7 - 8 Bounce both heels twice ending with weight on left

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