

# NIAGRA

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**Count:** 48

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Tony Wilson

**Music:** What I Used To Do All Night by The Bellamy Brothers

## HEEL & TOE TOUCHES WITH $\frac{1}{4}$ TURN & HOOK, STEP TOGETHER., SHUFFLE

- 1&2** Touch right heel forward, step right next to left, touch left toe to side
- &3&** Step left next to right turning  $\frac{1}{4}$  left, touch right toe back, step right next to left
- 4&** Touch left heel forward, hook left touching toe across right
- 5-6** Step left forward, step right behind left heel (right instep to left heel)
- 7&8** Shuffle forward left, right, left

## FORWARD RECOVER, $\frac{3}{4}$ BACK TURN, ROCK, HIPS FORWARD BACK FORWARD BACK

- 9-10** Step right forward, recover weight on left
- 11-12** Turning  $\frac{1}{2}$  right on left step right forward, turning  $\frac{1}{4}$  right step left to side
- &** Rock back on right
- 13-14** Step left in place (toe now pointing to 4:30) bumping left hip forward, bump right hip back
- 15-16** Bump left hip forward, bump right hip back

## SHUFFLES, CROSS BACK, SHUFFLE TURN

- &** Bump left hip forward turning slightly right on left
- 17&18** Shuffle forward right, left, right moving diagonally right
- 19&20** Shuffle forward left, right, left moving diagonally left
- 21-22** Cross right over left, step back on left
- 23&24** Shuffle right, left, right turning right (to face 9:00)

## SHUFFLES, CROSS BACK, TURN TOUCH

- 25&26** Shuffle forward left, right, left
- 27&28** Shuffle forward right, left, right
- 29-30** Cross left over right, step right back
- 31-32** Turning  $\frac{1}{4}$  left step left to left hand side, touch right next to left (facing 6:00)

**Restart here during 3rd repetition.**

### **SIDE SHUFFLE BACK RECOVER, RIGHT & LEFT**

- 33&34** Side shuffle right, left, right
- 35-36** Step left back and behind right, recover on right
- 37&38** Side shuffle left, right, left
- 39-40** Step right back and behind left, recover on left

### **FORWARD RECOVER, BACK SHUFFLE, HEEL TOUCHES, FORWARD STOMP**

- 41-42** Step right forward, recover on left
- 43&44** Shuffle back right, left, right
- &45** Step left back, tap right heel forward
- &46** Step right next to left, tap left heel forward
- &47-48** Step left next to right, step right forward, stomp left next to right

**REPEAT**

**RESTART**

**On the 3rd repetition, dance only the first 32 counts, then restart.**