

# Gotta Lot of Rhythm

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Tonnie Vos - July 2016

**Music:** Gotta Lot Of Rhythm In My Soul - Niamh Lynn

## Intro: 16 counts

### S1: R Point ,Touch ,Heel ,Hook ,R Lockstep L Point ,Touch ,Heel ,Hook ,L Lockstep

**1&2&** Rf point toe right touch toe beside lf Rf touch heel fw Rf hook across lf

**3&4** Rf step fw ,lf cross behind rf ,Rf step fw

**5&6&** Lf point toe left touch toe beside rf Lf touch heel fw hook across rf

**7&8** Lf step fw, rf cross behind lf ,Lf step fw

### S2: Rocking Chair ½ Pivot ¼ Pivot

**1-2-3-4** Rf rock fw weight back on lf Rf rock bkw weight back on lf

**5-6-7-8** Rv step fw rv+lv ½ turn left(6) Rv step fw rv+lv ¼ turn left (3)

### S3: R Toestrut L Crossing Toe Strut Rocking Chair, R Toestrut L Crossing Toe Strut R Kick Fw 2x

**1&2&** Rf step toe right drop heel down lf step toe across rf drop heel down

**3&4&** Rf rock fw weight back on lf Rf rock bkw weight back on lf

**5&6&** Rf step toe right drop heel down lf step toe across rf drop heel down

**7-8** Rf kick diagonal r 2x

### S4: R Cross Bw ,L Step Aside ,Cross Shuffle ,Siderock ,Cross Behind ,Step Right ,Lf Cross Rf

**1-2** Rf step behind lf, lf step left

**3&4** Rf step across lf, lf step left , Rf step across lf

**5-6** Lf rock left weight back on Rf

**7&8** Lv step behind rf, Rv step right Lv step across rf

### S5: Shuffle ¼ Turn Right 2x Heel Strut Fw 4x

**1&2fv 1/8 right lf step beside Rv 1/8 right(6)**

- 3&4** Lv 1/8 right rv step beside Lv 1/8 right(9)  
**5&6&** Rf step fw on heel, drop right toe Lf step fw on heel, drop left toe  
**7&8&** Rf step fw on heel, drop right toe Lf step fw on heel, drop left toe

**S6: Step Touch 2x Chassé Right Step Touch 2x Chassé ¼ Left \***

- 1&2&** Rf step right Lf touch toe beside rf Lf step left Rf touch toe beside lf  
**3&4** Rf step right lf step beside rf Rf step right  
**5&6&** Lf step left Rf touch toe beside lf Rf step right Lf touch toe beside rf  
**7&8** Lf step left step Rf beside lf, Lf step ¼ fw (6)\*

**S7: Charleston 1/8 Pivot Left 2x**

- 1-2-3-4** Rf touch toe fw, Rf step bkw Lf touch toe bkw, Lf step fw  
**5-6-7-8** Rf step fw rf+lf 1/8 turn left Rf step fw rf+lf 1/8 turn left (3)

**S8: Rock Fw Shuffle ½ Turn Right 2x Mambo Bkw R Touch Toe Beside Left Feet**

- 1-2** Rf rock fw weight back on lf  
**3&4** Rf step ¼ turn right Lf step beside rf Rf step ¼ turn right  
**5&6** Lf step ¼ turn right Rf step beside lf Lf step ¼ turn right  
**7&8** Rf rock bkw weight back on lf Rf touch toe beside lf

**\*Restart: on wall 4: dance the first 48 counts then restart from the beginning**

**Ending: on wall 6: dance the first 8 counts**

**Then Rf rock fw, weight back on lf while turning ½ right, Rf step fw, Lf step beside rf**