

# Like A Nightmare

LINEDANCE.COM

**Count:** 64      **Wall:** 4      **Level:** Advanced

**Choreographer:** Amy Spencer & Adam Berman (Feb 11)

**Music:** Her World Goes On (Radio Edit) by Justin Michael & Kemal

## **Intro: Dance starts after 16 counts on the vocals**

### **Front Chug 2x, Back Chug 2x, Step Left Then Step Right, Making ½ Turn (Or A 1 ½ Turn)**

- 1-2**      On diagonal to right corner chug left foot forward 2x making ½ turn to right
- 3-4**      Continue direction of turn with 2 chugs backwards on the right another ½ turn
- 5-6**      Still turning right step left ½ turn, step right ½ turn, prep weight on right foot
- 7-8**      Reverse spin direction to left, weight on the right either ½ or 1½ (end square to back wall)

### **Side Sailor, Hop Heel Hop Drag, Cross Drop, Step Close ½ Turn Left**

- 1&2**      Side sailor left, right, left (without dropping the left from the prior spin)
- &3&4**      Hop on left foot, push right heel frwd and tap it down, hop on left, drag right to side
- 5-6**      Deep cross of left over right, deep lean out over right foot
- 7-8**      Step left to left side begin a ½ turn to left, complete turn by closing right next to left

### **Heel Toes Heel Toes Heel, Twist Up, Twist Down, Heel Toes Heels, Back Step Left ¼ Turn, Step Right ½ Turn**

- 1&2&3**      Combo moves right in twist motion: heels toes heels toes heels
- &4**      Twist heels left in an upward motion (releve'), twist heels down to right
- 5&6**      Twist combo moving left, heels toes heels
- 7-8**      Step left back making ¼ turn right, step right around making ½ turn right

### **Rock Left Front, Step Right Ball Switch, Pull Right Into Left, Push Glide ½ Turn, Push Glide ¼ Turn**

- 1,2&3**      Press forward with left, step right in place, step left next to right, press right frwd
- 4**      With quick action pull right into left (leave weight on left)
- 5-6**      Push right back and transfer weight to right while making a ½ turn right
- 7-8**      Push left back and transfer weight to left while making a ¼ turn left

**RESTART: ON wall 5 the dance restarts after 32 counts.**

**ARMS: Forward, Into Chest, Overlap, Lift, Left Wrist Drop, Hook Head Pull Down, Chin Knock Up, Hit Left Out The Way Making  $\frac{1}{4}$  Turn Leading With Head.**

- 1& Shoot both arms straight forward from shoulder level, bend at elbows so palms are at chest
- 2& Slide together be sure to overlap right over left, lift right from elbow with bent wrist
- 3-4 Bend left wrist down, keeping connection put arms over head
- 5-6 Use arms to pull head down, circle right from behind head under left to hit chin up
- 7 Continue circle of right and hit the left
- 8 Reach out with right and swing it around, feet do a  $\frac{1}{4}$  turn pivot left

**Hinge Touch Push, Hinge Touch Push, Heel Twist Ball Step, Heel Twist Ball Step (adv option below)**

- 1&2 Hinge right knee up, touch right toes down, slide left out to left side
- 3&4 Hinge left knee up, touch left toes down, slide right out to right side
- 5&6 Put right heel frwd but turned in, turn out foot as stepping on left, step right
- 7&8 Put left heel frwd but turned in, turn out foot as stepping on right, step left

**Advanced OPTION for counts 5-8: same footwork double time so combo happens 2x**

**Tap Toe Tap Heel,  $\frac{1}{4}$  Turn Ball Switch, Touch Right, Heel Bounce 2x , Shoulder Sway Left Then Right  $\frac{1}{4}$  Turn**

- 1&2 Tap right toes out to right, tap right heel to floor, turn body  $\frac{1}{4}$  turn right
- &34 Step right next to left, step left frwd, pull right from behind into left (keep weight on left)
- &56 Slide right out to right side, bounce right heel into floor 2x
- 7-8 Sway shoulders with hanging arms using left shoulder to right, then right shoulder to left

**Kick Step Touch  $\frac{1}{2}$  Left Turning Sailor, Kick Step Step  $\frac{1}{2}$  Right Turning Sailor**

- 1&2 Kick right frwd, step down on right, touch left next to right
- 3&4 Turning sailor left, right, left, making a  $\frac{1}{2}$  turn left
- 5&6 Kick right frwd, step down on right, step left
- 7&8 Turning sailor: right, left, right, making a  $\frac{1}{2}$  turn right

**TAG: BEFORE Wall 5: Freestyle TAG of 2 sets of 8 - arm waves and rolls works best with the music here**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=82221](https://www.linedance.com/index.php?f=dance_view&id=82221)