

# COUNTRY SAUCE

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**Count:** 42

**Wall:** 4

**Level:** intermediate

**Choreographer:** Forty Arroyo

**Music:** Capital Tropical by Two Man Sound

**Choreographed For Ms. Kathy Sharpe July 26, 1997**

## CROSS ROCK STEP 2X, CHASSÉ LEFT

- 1-3** Cross rock step left over right, rock back on to right, step left to side
- &4-6** Step right next to left, cross rock step left over right, rock back on to right, step left to side
- &6&7&8** Step right next to left, step left, step right next to left, step left, step right next to left, step left

## CROSS ROCK STEP 2X, CHASSÉ RIGHT WITH $\frac{1}{4}$ TURN RIGHT

- 1-3** Cross rock step right over left, rock back on to left, step right to side
- &4-6** Step left next to right, cross rock step right over left, rock back on to left, step right to side
- &6&7&8** Step left next to right, step right, step left next to right, step right, step left next to right, step right

## LEFT AND RIGHT SYNCOPATED CROSSOVER BREAKS, $\frac{1}{4}$ RIGHT, STEP, PIVOT TURN $\frac{1}{2}$ RIGHT

- 1&2** Cross left over right, step in place with right, step left to side
- &3&4** Step in place with right, cross left over right, step right in place, step left to side
- 5&6** Cross right over left, step in place with left, step right to side
- &7&8** Step in place with left, cross right over left, step left in place, step right to side making  $\frac{1}{4}$  right

## PIVOT $\frac{1}{2}$ RIGHT, FULL TURN RIGHT, LEFT KICK STEP, RIGHT KICK STEP, LEFT KICK STEP 2X

- 1-4** Step forward on left, pivot  $\frac{1}{2}$  to right, step forward left turning  $\frac{1}{2}$  right, step back right turning  $\frac{1}{2}$  to right
- &5&6** Kick left forward, step on left, kick right forward, step on right
- &7&8** Kick left forward, step on left, kick left forward, step on left

**STEP ON RIGHT, STEP FORWARD LEFT WITH  $\frac{1}{4}$  RIGHT, SHUFFLE RIGHT-LEFT-RIGHT, CROSS, STEP  $\frac{1}{4}$  LEFT, SHUFFLE LEFT-RIGHT-LEFT WITH  $\frac{1}{2}$  RIGHT, STOMP RIGHT, STAMP LEFT**

- 1-2-3&4** Step in place with right, take a long step forward on left with a  $\frac{1}{4}$  turn to the right, shuffle in place
- 5-6-7&8** Cross left over right, step right while turning  $\frac{1}{4}$  left, shuffle in place left-right-left while turning  $\frac{1}{2}$  left
- 9-10** Stomp right next to left, stamp left next to right (no weight)

**REPEAT**

**This dance has a Latin flavor. When you are comfortable, incorporate hip movement when doing chassés and shimmy when doing the "kick steps". It can be done to anything with a cha-cha beat**