

# SHUFFLE 'N' ROCK

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**Count:** 32      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Jan "Stray Cat" Brookfield

**Music:** That's How Much You Mean To Me by Hal Ketchum

## TOE, HEEL, SHUFFLE ON SPOT, ROCKING CHAIR

- 1-2      Dig right toe next to left instep, dig right heel next to left
- 3&4      Shuffle on the spot right, left, right
- 5-6      Step forward on left, rock weight back onto right
- 7-8      Rock back on left, rock weight forward onto right

## STEP FORWARD, HALF TURN PIVOT, SHUFFLE FORWARD, ROCKING CHAIR

- 9-10      Step left forward, pivot half turn over right shoulder, transfer weight to right (now facing back wall)
- 11&12      Shuffle forward on left, right, left
- 13-14      Step forward on right, rock weight back onto left
- 15-16      Rock back onto right, rock forward onto left

## HALF TURN SHUFFLE, ROCK STEP, THREE QUARTER SHUFFLE, ROCK STEP

- 17&18      Making half turn over left shoulder, shuffle on right, left, right
- 19-20      Rock back on left, rock weight forward onto right (now facing front wall again)
- 21&22      Making a three quarter turn over right shoulder, shuffle on left, right, left
- 23-24      Rock back on right, rock weight forward onto left (now facing 9:00 wall)

## RIGHT TOE STRUT FORWARD, KICK-BALL-CHANGE, LEFT TOE STRUT FORWARD, KICK-BALL-CHANGE

- 25-26      Step right forward, toes then heel
- 27&28      Kick left forward, step back slightly on left, step on right in place
- 29-30      Step forward on left, toes then heel
- 31&32      Kick right forward, step back slightly on right, step on left in place

## REPEAT