

# Shake Your Groove Thing

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**Count:** 32

**Wall:** 2

**Level:** Beginner / Intermediate

**Choreographer:** Gilbert Vianzon (USA) Nov 2012

**Music:** Peaches & Herb - Shake Your Groove Thing

## Introduction: 32 counts intro

### (Section 1) Cross Rock, Chasse, Vine to Right, ¼ Turn Right

- 1-2 Cross rock RF diagonally towards left, replace with LF
- 3&4 Chasse to the right : step right to side, left next to right, step right to side
- 5-8 Cross LF over RF, step RF to right, step LF behind RF, step RF forward making ¼ turn right

### (Section 2) ½ Turn Right, Forward Shuffle Left, Kick Ball Change 2X

- 1-2 Step forward LF, ½ pivot turn right, step forward RF
- 3&4 Forward shuffle left: step forward left, right foot next to left, step forward left
- 5&6 Kick forward RF, step on ball of feet RF, step down on left foot
- 7&8 Kick forward RF, step on ball of feet RF, step down on left foot

### (Section 3) Forward Shuffle, 1/4 Turn Left Shuffle 3X

- 1&2 Forward shuffle R L R
- 3&4 1/4 turn left and shuffle L R L
- 5&6 1/4 turn left and shuffle, R L R
- 7&8 1/4 turn left and shuffle L R L

### (Section 4) Sway Right, Left, Right, Left, Paddle Turn Left

- 1-4 Slightly bend knees and sway to Right, Left, Right, Left
- 5-8 Step forward RF , ¼ turn left putting weight on the ball of RF, step LF in place 2X

## START AGAIN.

### Bridge: On Wall 1, dance to count 24. Add

- 1-4 Sway to Right, Left, Right, Left

## Proceed with counts 25-32

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**Last Update - 21st Aug 2016**

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