

CATCH ME!

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Marilynne Delurey

Music: Runaround Sue by Del Shannon

This dance is for my people. You know who you are!

KNEE POPS RIGHT, KNEE POPS LEFT

1 Step right slightly forward and with weight on ball of right, pop right knee inward

2 Pop right knee outward

3-4(Repeat counts 1 and 2)

5 Step left slightly forward and with weight on ball of left, pop left knee outward

6 Pop left knee inward

7-8(Repeat counts 5 and 6)

For added style twist opposite foot while doing knee pops

TOE POINTS AND CROSS STEPS RIGHT, LEFT, & MONTEREY

1-2 Touch right toe to right side, step right foot in front of left

3-4 Touch left toe to left side, cross left toe behind right

5-6- Touch right toe to right side, turn $\frac{3}{4}$ to the right, weight ending on right

7-8 Touch left toe out to left side, bring left toe in and place weight on left

ROCK FORWARD & BACK HEEL TAPS

1-2- Rock forward on right foot, replace weight back on left

3-4 Rock back on right foot replace weight on left

5-6 Touch right heel forward, touch right toe beside left

7-8 Right heel forward, then step down on right

ROCK FORWARD AND BACK, HEEL TAPS

1-2 Rock forward on left foot, replace weight on right

3-4 Rock back on left foot, replace weight on right

5-6 Touch left heel forward, touch left heel beside right

7-8 Touch left heel forward, then step down on left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=60429