

# WHIPPED CREAM

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**Count:** 40

**Wall:** 4

**Level:** beginner/intermediate mambo

**Choreographer:** Rita Ensminger

**Music:** Whipped Cream by Herb Alpert And The Tijuana Brass

## SIDE MAMBO BREAKS

**1-2-3-4** Left step side, right step in place, left step next to right, hold

**5-6-7-8** Right step side, left step in place, right step next to left. Hold

## SAILOR STEP, HIP BUMPS

**1-2-3-4** Left step behind across right, right step side, left step side, hold

**5-6-7-8** Right step next to left starting hip bumps right, left, right, hold

## LEFT VINE, RIGHT VINE $\frac{1}{4}$ TURN RIGHT

**1-2-3-4** Left step side, right step behind across left, left step side, right touch next to left

**5-6-7-8** Right step side, left step behind right, right step side turning  $\frac{1}{4}$  right, hold

## KICK, STEP, STEP, HOLD, HEELS IN, TOES IN, HEELS IN, HOLD

**1-2-3-4** Left kick forward, left step in place, right step side, hold (feet apart)

**5-6-7-8** Left & right heels in, left & right toes in, left & right heels in, hold

## ROCK STEPS FULL TURN RIGHT

**1-2-3-4(Turning  $\frac{1}{4}$  right) right step forward, step left back, (turning  $\frac{1}{4}$  right) right step forward, step left back**

**5-6-7-8(Turning  $\frac{1}{4}$  right) right step forward, step left back, (turning  $\frac{1}{4}$  right) right step forward, hold**

## REPEAT