

# I Hurt!

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**Count:** 48      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Dodo Wong (Pooh's Instructor Team) Canada (Aug, 2013)

**Music:** Hurt by Ali, Album: Rooftop Prince (4:01)

**Intro: 36 counts - Sequence: 48, (Tag1- 6), 48, (Tag2 - 3), 48, 48, 48, (Tag1- 6), 48 x 4, 12(Ending)**

## **Sec. 1: Fwd Waltz Basic, Back Waltz Basic**

**1-2-3**      Step left forward, step right together, step left in place

**4-5-6**      Step right back, step left together, step right in place (12:00)

## **Sec. 2: L Vine Diamond 3/8L, R Vine Diamond 1/4L**

**1-2-3**      Step left forward to left diagonal, step right to right side and square up to 9:00, step left back to left diagonal (7:30)

**4-5-6**      Step right back, step left to left side and square to 6:00, step right forward to left diagonal (4:30)

## **Sec. 3: Left Fwd, Drag, Hitch, Right Coaster (still facing 4:30)**

**1-2-3**      Step left forward, drag right and hitch

**4-5-6**      Step right back, step left besides right, step right forward

## **Sec. 4: Left Fwd, Drag, Hitch, Right Coaster 1/8L Cross**

**1-2-3**      Step left forward, drag right and hitch

**4-5-6**      Step right back, step left besides right and make a 1/8L, cross right over left (3:00)

## **Sec. 5: Big Side Left, Drag Right, Vine L**

**1-2-3**      Big step left to left side, drag right for 2 counts

**4-5-6**      Step right cross behind left, step left to left side, cross right over left (3:00)

## **Sec. 6: Big Side Left, Drag Right, Right Sailor**

**1-2-3**      Big step left to left side, drag right for 2 counts

**4-5-6**      Step right cross behind left, step left to left side, step right to right (3:00)

## **Sec. 7: Left Twinkle, Right Twinkle 1/2R**

**1-2-3**      Cross left over right, step right to right side, recover onto left

**4-5-6** Cross right over left, step left back and make a 1/4R, step right to right side and make a 1/4R (9:00)

### **Sec. 8: Cross, Recover, Side - L & R**

**1-2-3** Cross left over right, recover onto right, step left to left side

**4-5-6** Cross right over left, recover onto left, step right to right side (9:00)

### **Start Again !!**

**Tag 1:(6 counts): Sway L, hold 2 counts, Sway R, hold 2 counts (after wall 1 & 5, both facing 9:00)**

**Tag 2:(3 counts): Hold 3 counts (after wall 2, facing 6:00)**

**Ending: (Wall 10): Dance until 11 counts, step right to right side and make a 1/4L on count 12 & pose.**

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