

Be Careful With My Heart

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Roly Ansano (USA) Feb 2013

Music: Please Be Careful With My Heart by Jose Mari Chan f. Regine Velasquez

Alternate music: Please Be Careful With My Heart by Tay Kewei f. Christian Bautista

Intro: Start on the word 'love'

[1-8] NIGHTCLUB TWO-STEP BASIC, TURNING NIGHTCLUB TWO-STEP BASIC

- 1-2 Step L to side, hold
- 3-4 Cross R behind L, recover to L
- 5-6 Step R to side, hold
- 7-8 Cross L behind R and turn 1/4 left, recover to R

[9-16] SIDE STEP, TURN, HIP SWAYS, CROSS STEP

- 1-2 Step L to side & turn 1/4 left, hold
- 3-4 Step R to side and sway right-left
- 5-6 Sway right-left and recover to L
- 7-8 Cross R over L, hold

[17-24] SIDE STEP, TURN, HALF-TURN PIVOT, FORWARD-TOUCH, BACK-TOUCH

- 1-2 Step L to side, hold
- 3-4 Turn 1/4 left and step R forward, pivot 1/2 left and recover to L
- 5-6 Step R forward, touch L behind R
- 7-8 Step L back, touch R together

[25-32] SCISSOR STEP, LEFT COASTER STEP, STRIDE-DRAG

- 1-2 Step R to side, step L together
- 3-4 Cross R over L, step L back
- 5-6 Step R together, step L forward
- 7-8 Big step R forward, drag and touch L together

REPEAT

TAG:

No TAG for the Tay Kewei track.

For the Jose Mari Chan track, at the end of wall 3, facing 3.00, add

BACK STEPS, TURN-TOUCH, SIDE STEPS, TOUCH

1-4 Step back L,R,L , turn 1/4 left and touch R together

5-8 Step R to side, step L together, step R to side, touch L together

ENDING: For the Jose Mari Chan track, at the end of wall 10, facing 3:00, add

1-2 Step L back and turn 1/4 left, touch R to side and pose with hands over heart

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