

Stitches

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Count: 32

Wall: 4

Level: Ultra Beginner

Choreographer: Debbie Small (April 2016)

Music: Stitches by Shawn Mendes. CD: Handwritten

Intro: Start after “you watch me” on the word “bleed” (count 1 of the first chorus)

SIDE TOGETHER, TOE STRUTS FORWARD 3X

- 1-2 Step right side, step left together
- 3-4 Step right toe forward, drop right heel
- 5-6 Step left toe forward, drop left heel
- 7-8 Step right toe forward, drop right heel

SIDE TOGETHER, TOE STRUTS FORWARD 3X

- 1-2 Step left side, step right together
- 3-4 Step left toe forward, drop left heel
- 5-6 Step right toe forward, drop right heel
- 7-8 Step left toe forward, drop left heel

ROCKING CHAIR, STEP PIVOT 1/4 LEFT

- 1-2 Rock right forward, recover left
- 3-4 Rock right back, recover left
- 5-6 Step right forward, hold
- 7-8 Turn $\frac{1}{4}$ left and step left forward, hold (9:00)

STEP TOUCH DIAGONALLY FORWARD, STEP TOUCH DIAGONALLY BACK 3X

- 1-2 Step right diagonally forward, touch left together
- 3-4 Step left diagonally back, touch right together
- 5-6 Step right diagonally back, touch left together
- 7-8 Step left diagonally back, touch right together

Optional: Clap on counts 2,4,6,8

Repeat

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=110552