

# A COUNTRY MILE

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**Count:** 64      **Wall:** 4      **Level:** —

**Choreographer:** Lorraine Deering

**Music:** Walk A Country Mile by Craig Giles

**This dance differs only slightly from "Honey, You're My Hero" by Linda Pink**

## VINE RIGHT & TOGETHER, TWIST, CENTER, TWIST, CENTER

- 1-2      Vine: step right to the side, step left behind right
- 3-4      Step right to the side, step left together
- 5-6      Twist both heels to the right, twist both heels to the center
- 7-8      Twist both heels to the right, twist both heels to the center

## VINE LEFT & TOGETHER, TWIST, CENTER, TWIST, CENTER

- 1-2      Vine: step left to the side, step right behind left
- 3-4      Step left to the side, step right together
- 5-6      Twist both heels to the left, twist both heels to the center
- 7-8      Twist both heels to the left, twist both heels to the center

## BACK, CLAP, BACK, CLAP, BACK, CLAP, BACK, CLAP

- 1-2      Step right back, clap
- 3-4      Step left back, clap
- 5-6      Step right back, clap
- 7-8      Step left back, clap

## FORWARD, LOCK, FORWARD, SCUFF, FORWARD, LOCK, FORWARD, SCUFF

- 1-2      Step right forward, lock left behind right
- 3-4      Step right forward, scuff left forward
- 5-6      Step left forward, lock right behind left
- 7-8      Step left forward, scuff right forward

## FORWARD, HOLD, ½ TURN, HOLD, FORWARD, LOCK, FORWARD, SCUFF

- 1-2      Step right forward, hold

- 3-4 Turn ½ turn left take weight onto left, hold
- 5-6 Step right forward, lock left behind right
- 7-8 Step right forward, scuff left forward

**FORWARD, LOCK, FORWARD, SCUFF, FORWARD, HOLD, ½ TURN, HOLD**

- 1-2 Step left forward, lock right behind left
- 3-4 Step left forward, scuff right forward
- 5-6 Step right forward, hold
- 7-8 Turn ½ turn left take weight onto left, hold

**VINE RIGHT ½ TURN & HITCH, VINE LEFT & TOUCH**

- 1-2 Step right to the side, step left behind right
- 3-4 Turn ¼ turn right step right forward, turn ¼ turn right hitch left
- 5-6 Step left to the side, step right behind left
- 7-8 Step left to the side, touch right together

**VINE RIGHT ¼ TURN HITCH, FORWARD, LOCK, FORWARD, TOUCH**

- 1-2 Step right to the side, step left behind right
- 3-4 Turn ¼ turn right step right forward, hitch left knee
- 5-6 Step left forward, lock right behind left
- 7-8 Step left forward, touch right together

**REPEAT**