

# HEY MAMBO

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**Count:** —

**Wall:** 1

**Level:** beginner/intermediate

**Choreographer:** Betty McNeill

**Music:** Hey Mambo by Barry Manilow

**Sequence:** ABAB A (1st 16 counts only - end with a touch to allow you to start from beginning)  
ABAB (after completing 32 counts dance counts 1 to 4 once then step forward onto left foot

## PART A

**WALKS FORWARD THEN COASTER CROSS WITH  $\frac{1}{4}$  TURN RIGHT-SIDE STEPS LEFT & RIGHT, CHASSE LEFT**

- 1-2-3&4** Walk forward on right the left - step back on right foot -step left foot back next to right foot making a  $\frac{1}{4}$  turn to you right step right foot over left foot
- 5-6-7&8** Step left to left side- step right next to left foot - take three quick steps to left side(left-right-left)

## STEP AND RONDE MAKING $\frac{1}{2}$ TURN LEFT-COASTER LEFT-POINTS AND COASTER CROSS- $\frac{1}{4}$ RIGHT

- 9-10-11&12** Step right foot behind left foot and circle left foot from front to back of right foot- while making  $\frac{1}{2}$  turn left, step back onto left foot - step right foot next to left foot - step forward onto left foot
- 13-14-15&16** Point right foot in front- point right foot out to right side- step back with right foot-step left foot next to right foot-step right foot over left foot making  $\frac{1}{4}$  turn right

## SIDE STEPS AND CHASSE $\frac{1}{4}$ TURN LEFT -ROCK AND CHASSE RIGHT

- 17-18-19&20** Step left to left side-step right next to left foot- take three quick steps(left-right-left)making  $\frac{1}{4}$  turn left
- 21-22-23&24** Rock back onto right foot then forward onto left foot-take three quick steps to right side(right-left-right)

## ROCKS AND CHASSE WITH $\frac{1}{4}$ TURN LEFT - ROCKS AND $\frac{1}{2}$ TURN RIGHT

- 25-26-27&28** Rock back onto left foot-replace onto right foot-take three quick steps to left (left-right-left)making  $\frac{1}{4}$  turn left

**29&30&31-32** Rock right foot forward across in front of left foot- replace back onto left foot-rock right foot out to right side- replace weight back onto left foot- touch right foot behind left foot and make  $\frac{1}{2}$  turn right(keeping weight on left foot)

## **PART B**

**Part B is danced with the lyrics " Hey Mambo"**

### **DIAGONAL STEPS FORWARD-TRIPLE IN PLACE- ROCK AND CROSS SHUFFLE WITH $\frac{1}{4}$ TURN LEFT**

**1-2-3&4** Step right foot diagonally forward- step left foot diagonally forward- take three quick steps in place(right-left-right)

**5-6-7&8** Rock onto left foot -replace weight onto right foot- take three quick steps crossing left over right(left-right-left) while making  $\frac{1}{4}$  turn left

### **ROCKS AND CROSS SHUFFLE WITH $\frac{1}{4}$ TURN LEFT -DIAGONAL STEPS-TRIPLE IN PLACE**

**9-10-11&12** Rock onto right foot - replace weight back onto left foot at the same time make  $\frac{1}{4}$  turn left-take three quick steps (right-left-right) crossing right over left

**13-14-15&16** Step left foot diagonally forward- step right foot diagonally forward- take three quick steps in place left-right-left

**17-32** Repeat counts 1-16