

# He's The Guy...

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**Count:** 40      **Wall:** 4      **Level:** Improver

**Choreographer:** Jean Louis Lequeux (April 2015)

**Music:** They Call Me Trinity by George McAnthony

**Notation:** RF: right foot; LF: left foot; FT: feet together; RL: right leg, LL: left leg, LA: legs apart, RT: right toes; LT: left toes; RH: right heel; LH: left heel; RK: right knee; LK: left knee, RP: right palm; FP: left palm; RAR: right arm; LAR: left arm; RSh: right shoulder; LSh: left shoulder; RE: right elbow, LE: ,left elbow; RHd: right hand , LHd: left hand, RHp: right hip; LHp; left hip, RTh: right thigh, LTh: left thigh; WoRF: weight on RF, WoLF: weight on LF

## INTRODUCTION

**Time steps (on spot), FT During Horse Gallop**

**1: On spot: Bent RK, stretch LK**

**2: On spot: Bend LK, stretch RK**

## PRELIMINARY SECTION

**Natural top during harmonica and whistle**

**1: Cross RF behind LF**

**2: ½ turn right**

**3: Cross RF behind LF**

**4: ½ turn right, WoLF, finish on wall 12H00**

## SECTION I: FORWARD CROSS ROCK RIGHT, SIDE ROCK RIGHT; BACK CROSS ROCK RIGHT, SIDE ROCK RIGHT

**1, 2: Cross RF before LF, rock**

**3, 4: RF right, rock**

**5, 6: Cross RF behind LF, rock**

**7, 8: RF right, rock**

**SECTION II: BACK CROSS ROCK LEFT, SIDE ROCK LEFT; FORWARD CROSS ROCK LEFT, SIDE ROCK LEFT**

**1, 2: Cross LF behind RF, rock**

**3, 4: LF left, rock**

**5, 6: Cross LF before RF, rock**

**7, 8: LF left, rock, Legs Appart**

**SECTION III: HOLD ON HEELS,  $\frac{1}{4}$  TURN RIGHT; [MARCH LF, RF] TWICE; STOMP LF, STOMP RF**

**1: Hold: On heels**

**2:  $\frac{1}{4}$  turn right, bend knees, shoot**

**(Warning: You need a pair of C  $\square$  LT 45 for this dance; if not... just use your hands like if they were colts!)**

**3, 4: Step LF, Step RF**

**5, 6: Step LF, Step RF**

**7, 8: Stomp LF; stomp RF, Feet together**

**SECTION IV: KICK RF, MARCH; KICK LF, MARCH; BEND KNEES, HOLD;  $\frac{1}{2}$  TURN RIGHT; SHOOT, STOMP, STOMP**

**1, 2: Kick RF, step RF**

**3, 4: Kick LF, step LF**

**5, 6: Bend knees hold; half turn right, shoot again!**

**7, 8: Stomp RF; stomp LF**

**SECTION V: TOES STRUT BACK; [TOES SIDE, TOUCH]: RIGHT & LEFT**

**1, 2, 3, 4: Right toes strut back, left toes strut back**

**5, 6, 7, 8: Right toes tip right, right toes touch LF; left toes tip left, left toes touch RF**

**TAG ON WALL 4 & RESTART**

**During harmonica and whistle**

**1: Bend both knees, shoot**

**2: Stretch knees**

**CONCLUSIVE SECTION**

**Spin turn at the end of lyrics.**

**Contact ~ <http://www.weltram.eu/Pages/CountryandLineDance.aspx> - eMail:  
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