

ROCK & TURN

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Count: 40 **Wall:** 4 **Level:** beginner

Choreographer: Michelle Morrison

Music: Turn Me Loose by Vince Gill

- 1-4** Stomp right beside left, hold, touch right toe to side, touch right beside left
- 5-8** Touch right heel forward 45 degrees, brush right heel up to left knee, touch right heel forward 45 degrees, step right beside left
- 9-12** Stomp left beside right, hold, touch left toe to side, touch left beside right
- 13-16** Touch left heel forward 45 degrees, brush left heel up to right knee, touch left heel forward 45 degrees, touch left beside right
- 17-20** Step left forward 45 degrees, touch right beside left, step right back 45 degrees, touch left beside right
- 21-24** Step left forward 45 degrees swaying hips forward, rock back onto right while swaying hips back, rock forward onto left while swaying hips forward, hold
- 25-28** Step back onto right, rock forward onto left, step forward on right, turn $\frac{1}{4}$ turn left
- 29-32** Step back onto left, rock forward onto right, step forward on left, turn $\frac{1}{4}$ turn right
- 33-36** Step back onto right, rock forward onto left, step forward on right, turn $\frac{1}{4}$ turn left
- 37-40** Step back onto left, rock forward onto right, step forward on left, hold

REPEAT