

# EXPRESS YOURSELF

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** intermediate

**Choreographer:** Jodee Shadinger

**Music:** Express Yourself by Madonna

**This dance won 1st place in Non-Country Inter/Advance New Choreography and 1st place in overall New Choreography in November 2001 at the Las Vegas Country Western Dance Finale**

## **TOUCH TOE RIGHT; ½ TURN RIGHT; TOUCH TOE RIGHT; KICK AND TOUCH; SWING KNEE; BUMP HIPS TWICE**

- 1&2** Touch right toe to right side; turn ½ turn to right (weight stays on left); touch right toe to right side
- 3&4** Kick right foot forward; step right next to left; touch left toe to left side
- 5-6** Roll left knee in and around to the left (turn ¼ turn left as you do so)
- &7&8** Bump hips forward; bump hips back; bump hips forward; bump hips back

## **LEFT SHUFFLE; PIVOT AND TOUCH; RIGHT SHUFFLE; PIVOT AND TOUCH**

- 1&2** Step left foot forward; step right next to left; step left foot forward
- 3&4** Step right foot forward; pivot ½ turn left (weight ending on left); touch right toe forward
- 5&6** Step right foot forward; step left next to right; step right foot forward
- 7&8** Step left foot forward; pivot ½ turn right (weight ending on right); touch left toe forward

## **RAISE LEFT LEG WITH ¼ TURN; VINE RIGHT; ROCK STEP; CROSS; UNWIND; WALK; WALK**

- 1-2** Slightly raise straight left leg to left side doing a ¼ turn right; cross left behind right
- &3-4** Step right to right side; rock left across right; replace weight to right
- &5-6** Step left next to right; cross right over left; unwind ½ turn left (weight ending on left)
- 7-8** Step right foot forward; step left foot forward (slightly in front of right)

## **ROCK FORWARD; REPLACE; FULL TURN; COASTER STEP; CROSS LEFT OVER RIGHT; UNWIND**

- 1-2** Rock forward on right; rock back on left
- 3-4** Step back on right turning ½ turn right; step forward on left turning ½ turn right

**5&6** Step back on right; step left next to right; step forward on right

**7-8** Cross left over right; unwind  $\frac{1}{2}$  turn right (weight ending on left)

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=56184](https://www.linedance.com/index.php?f=dance_view&id=56184)