

I Lived It

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Count: 32 **Wall:** 2 **Level:** Beginner / Intermediate

Choreographer: Paula Frohn (25 December 2017)

Music: I Lived It by Blake Shelton (BPM 81)

Alt. Music With NO Tag, At The House by Blake Shelton (BPM 98)

Intro: 16 count, start with vocals

Skate Right, Skate Left, Triple, to Right, Skate Left, Skate Right, Triple ¼ Turn Left

- 1-2** Skate right foot then skate left foot
- 3&4** Step right to right side, step left foot next right foot, step right to right side
- 5-6** Skate left foot then right foot
- 7&8** Step left foot to left side, step right foot next to left foot, turn ¼ turn left & step left foot to left forward

Rock Forward, Replace, Syncopate Turning Right- ½, ½, forward then Step Forward LF, Replace, Coaster Step

- 1-2** Step right foot forward, rock back on left foot
- 3&4** Turn ½ right, step right foot forward: turn ½ right, step left foot back; turn ½ right; step right foot forward

Easier variation on 3&4: Turn ½ right, shuffle forward R-L-R

- 5-6** Step left foot forward, rock back onto right foot

7&8` Step left foot back, step right foot next to left foot, step left foot forward

Step forward Right, Pivot ¼ Left, Cross Shuffle, Hinge ½ Right, Shuffle Forward

- 1-2** Step right foot forward, pivot ¼ turn left changing weight to left foot
- 3&4** Cross right foot in front of left foot, step left foot to left side, step right foot in front of left foot
- 5-6** Turn ¼ right, step left foot back; turn ¼ right, step right foot to right side
- 7&8** Step left foot forward, step right foot next to left foot, step left foot forward

Rocking Chair Right, Step Forward Right, Pivot ½ Left Twice

- 1-2** Step right foot forward, rock back onto left foot

- 3-4** Step right boot back, rock forward onto left foot
- 5-6** Step right foot forward, pivot ½ left changing weight to left foot
- 7-8** Step right foot forward, pivot ½ left changing weight to left foot

Start over!

NOTE: After 1st, facing 6 o'clock, and 4th set, facing 12 o'clock the second time, add 4 counts ...

Step right foot to right side, touch left toe next to right foot, step left foot to left side, touch right toe next to left.

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