

OBHEY THE RHYTHM

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Count: — **Wall:** 2 **Level:** intermediate/advanced

Choreographer: Nathan Easey

Music: The Rhythm Made Me Do It by Shania Twain

Sequence: A, 8 count freestyle, A, A(1-24), C, B, A, A(1-24), C(1-6), B, A(1-24), 4 count freestyle, A, A(1-24), C, B(1-32), B(1-32), B

PART A

SLIDES TO RIGHT & LEFT WITH HEEL JACKS

- 1-2** Step right foot long step to right side. Slide left foot beside right
- &3&4** Step left foot back. Touch right heel forward. Step right in place. Touch left foot beside right
- 5-6** Step left foot long step to left, slide right beside left
- &7-8** Step right foot back. Touch left heel forward. Step left foot in place. Touch right foot beside left

SIDE SHUFFLE, ROCK STEP, SYNCOPATED SIDE STEPS, ½ TURN

- 9&10** Step right foot to right side. Close left beside right. Step right to right
- 11-12** Rock left foot back, recover weight onto right
- 13-14** Step left foot to left side. Hold
- &15-16** Step right foot beside left. Step left foot to left side. Hold
- &** Turn ½ left on ball of left foot

- 17-32** Repeat 1-16

TOE STRUTS FORWARD, ½ TURNING SHUFFLE, ROCK STEP

- 33-34** Touch right toe forward. Drop right heel to floor taking weight
- 35-36** Touch left toe forward. Drop left heel to floor taking weight
- 37&38** Shuffle right, left, right, making ½ turn left
- 39-40** Rock back on left, recover onto right

TOE STRUTS FORWARD, ½ TURNING SHUFFLE, ROCK STEP

- 41-42** Touch right toe forward. Drop right heel to floor taking weight
- 43-44** Touch left toe forward. Drop left heel to floor taking weight
- 45&46** Shuffle right, left, right, making ½ turn left
- 47-48** Rock back on left, recover onto right

PART B

SYNCOPATED ROCK STEPS WITH ½ TURNS, PADDLE TURNS, ROCK STEP

- 1&2** Rock step right forward, rock weight onto left, turn ½ right and step right foot forward
- 3&4** Rock step left forward, rock weight onto right, turn ½ left and step left foot forward
- 5-6** With arms raised, touch right foot to right side twice while making full turn left (click fingers twice)
- 7&8** Rock step right forward, rock weight onto left, step right foot beside left

SIDE ROCK-SWITCH-SIDE ROCK, TURN (WITH ARMS), SIDE ROCK

- 9-10** Rock step left to left (with arms out to side), rock weight onto right foot
- &** Step right foot beside left (crossing arms over)
- 11-12** Rock step right foot to right side (with arms out to side). Rock weight onto left foot
- 13-14** Turn ½ turn left on ball of left foot, hitching right knee and bringing arms above head (crossed over)

Alternative: bring arms above head as before, but turn 1 ½ turn to left instead

- 15-16** Rock step right foot to right side (arms out to side). Rock weight onto left foot

- 17-32** Repeat steps 1-16 of Part B

TURN ½ LEFT ON BALL OF LEFT FOOT, HITCHING RIGHT KNEE AND BRINGING ARMS ABOVE HEAD (CROSSED OVER)

Alternative: bring arms above head as before, but turn 1½ turn to left instead

- 35-36** Rock step right to right side (arms out to side). Rock weight onto left foot

HIP BUMPS, MASHED POTATOES BACK, MASHED POTATOES FORWARD, KICK

- 37-40** Bump hips to right four times
- 41-44** Bump hips to left four times

- 45-47** Mashed potato back leading right, left, right
- 48&** Kick left foot forward, step left foot forward
- 49-51** Mashed potato forward leading right, left, right
- 52&** Kick left forward, step left to place

PART C

SIDE, HOLD FOR 3, SIDE, HOLD FOR 3

- 1-4** Step right foot to right side, hold for 3 counts
- 5-8** Step left foot to left side, hold for 3 counts