

SPRUNG

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Phillip Pulliam

Music: Me Against The Music by Britney Spears And Madonna

1-4 Touch right toe to right, bring back to left, step right foot to right, and slide left toe behind

5-8 Repeat counts 1-4 to the left

1&3 Ball change back starting with your right foot

3-4 Touch left heel forward, bring it back

5-8 Touch right toe forward, to the right, behind, and do a half turn over the right shoulder

1-4 Stroll forward right, left, right, left

5-6 With heels raised and weight on the balls of your feet roll both knees to the right, hold

7-8 Roll knees back to left, hold

1-4 Drop twist body to the right, come back to standing position, drop twist body to the left, come back to standing position

5-8 Slide back on right foot, stomp left beside, step forward on right, slide left beside right and do a $\frac{1}{4}$ turn over the left shoulder

REPEAT