

IN A HEARTBEAT

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Count: 34

Wall: 2

Level: intermediate

Choreographer: John Reilly

Music: That's The Beat Of The Heart by Warren Brothers With Sara Evans

NIGHTCLUB BASIC, SYNCOPATED RIGHT WEAVE, SIDE ROCK WITH $\frac{1}{4}$ TURN LEFT, FULL TURN TRAVELING FORWARD, STEP FORWARD

- 1&2** Rock back on right, replace weight on left, step right to right side
- 3&4** Cross left behind right, step right to right, cross left over right (in front)
- 5&6** Rock right to right side, replace weight on left making $\frac{1}{4}$ turn left, step forward right foot
- 7&8 $\frac{1}{2}$** turn right stepping back on left, $\frac{1}{2}$ turn right stepping forward on right, step forward on left

SIDE-ROCK-BEHIND TWICE, CHASSE RIGHT, HINGE $\frac{1}{2}$ TURN RIGHT, CROSS LEFT

- 1&2** Rock right to side replace weight on left, cross right foot behind left
- 3&4** Rock left to side, replace weight on right, cross left foot behind right
- 5&6** Step right to right side, bring left together, step right long step to right
- 7&8** Step left to left side, turn $\frac{1}{2}$ right stepping right to right, cross left over right

POINT-HITCH-SLIDE, LEFT NIGHTCLUB BASIC, RIGHT SAILOR STEP, $\frac{1}{2}$ PIVOT RIGHT STEP FORWARD LEFT

- 1&2** Point right toe to right side, hitch right knee, slide right to right
- 3&4** Rock back on left, replace weight on right, step left to left
- 5&6** Cross right behind left, step left to side, step right foot forward
- 7&8** Step forward left, pivot $\frac{1}{2}$ turn right, step forward on left

CROSS ROCK TOGETHER TWICE, $\frac{3}{4}$ TURN RIGHT WITH SWEEP, LEFT MAMBO FORWARD, SIDE ROCKS WITH STYLE

- 1&2** Cross rock right over left, replace weight on left, step right beside left (shoulder width)
- 3&4** Cross rock left over right, replace weight on right, step left beside right
- 5&6** Cross right over left, step back on left making $\frac{1}{4}$ turn right, sweep right $\frac{1}{2}$ turn right (ronde) weight now on right

7&8 Rock forward on left, replace weight on right, touch left together

1&2 Side rock left, replace with right, side rock left

REPEAT

PHRASING NOTES

2nd wall: 36 counts add additional right side mambo touch

35&36 Rock right to right side, replace weight on left, touch right beside left

6th wall: 32 counts

Finish: cross left over right unwind a full turn right, sweeping right leg round and behind left & strike a pose

If danced to Breathe or We Danced do the dance up to count 31& and finish by bringing your left foot together weight ends on left. This makes the dance 32-counts and allows you to begin again on your right.