

POISON

LINEDANCE.COM

Count: 32

Wall: 2

Level: beginner/intermediate

Choreographer: Rep Ghazali

Music: Poison by BR5-49

FORWARD FORWARD, FORWARD MAMBO, BACK BACK, BACK MAMBO

- 1-2 Walk forward right, walk forward left
- 3&4 Rock forward right, recover on left, step back right
- 5-6 Walk back left, walk back right
- 7&8 Rock back left, recover on right, step forward left

ROCK FORWARD, TRIPLE $\frac{1}{2}$ TURN, TRIPLE $\frac{1}{2}$ TURN, COASTER STEP

- 1-2 Rock forward right, recover on left
- 3&4 Triple $\frac{1}{2}$ turn right stepping right-left-right
- 5&6 Triple $\frac{1}{2}$ turn right stepping left-right-left
- 7&8 Step back right, step left together, step forward right

$\frac{1}{4}$ TURN STEP SIDE, $\frac{1}{4}$ TURN CHASSE, $\frac{1}{4}$ TURN $\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN CHASSE

- 1-2 $\frac{1}{4}$ turn left stepping left forward, step right to right side
- 3&4 $\frac{1}{4}$ turn left stepping left to left side, step right together, step left to left side
- 5-6 $\frac{1}{4}$ turn left stepping right to right side, $\frac{1}{4}$ turn left stepping left to left side
- 7&8 $\frac{1}{4}$ turn left stepping right to right side, step left together, step right to right side

CROSS SIDE, BACK SHUFFLE, ROCK BACK, FULL TURN

- 1-2 Cross left over right, $\frac{1}{4}$ turn left stepping back right
- 3&4 Step back left, step right together, step forward left
- 5-6 Rock back right, recover on left
- 7-8 $\frac{1}{2}$ turn left stepping back right, $\frac{1}{2}$ turn left stepping forward left

Easier option: walk forward right-left

REPEAT

