

My Delilah

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Count: 32

Wall: 4

Level: Smooth Beginner / Intermediate

Choreographer: Jeannette Rosenbäck Denmark (Feb. 2012)

Music: Hey There Delilah by Plain White T's, Album: Every Second Counts

Intro: 16 Count

Point Back, 1/2 Right, Shuffle, Step Turn, Shuffle

1-2 Point right back, ½ turn right, Weight on right (6)

3&4 Step left fwd. Right close to left, Step left fwd.

5-6 Step right fwd. ½ Turn left (12)

7&8 Step right fwd. Left close to right, Step right fwd.

Side Rock Behind Side Cross X 2 Left Then Right

1-2 Rock left to left side, Recover onto right

3&4 Step left behind right, Step right to right, Cross left in front of right

5-6 Rock right to right side, Recover onto left

7&8 Step right behind left, Step left to left, Cross right in front of left

2X Walk, Step 1/2 Turn Right, 1/4 Turn Right, Behind Side, Cross Shuffle

1-2 Walk forward Left, Walk forward Right.

3& Step fwd. left, turn ½ over right shoulder stepping fwd. on right (6)

4turn ¼ over right shoulder stepping Left to side (9)

(On wall 10: Restart. (6))

5-6 Step right behind left, Step left to left side

7&8 Cross right in front of Left, Step Left to Left side, Cross right in front of left

(On wall 8: Restart. (12) After 22 counts, instead of cross shuffle.

7-8: Cross right in front of left, Step left to left side

Side Rock, Cross Shuffle, Side Behind Side Cross

1-2 Rock left to left side, Recover onto right

3&4 Cross left in front of right, Step right to right side, Cross left in front of right

5-6 Step right to right side, Step left behind right

7-8 Step right to right side, Cross left in front of right

Tag: after wall 3 (3)

1-2 Rock right to right side, Recover onto left

3-4 Right behind left, Left to left side

Restarts:

R1: On Wall 8 after 22 counts instead of cross shuffle.

7-8 Cross right in front of left, Step left to left side (12) then restart

R2: On wall 10 after 20 counts, (6)

Ending: on wall 13 (12)

1-2 Point right back, ½ turn right, Weight on right (6)

3-4-5 Step left fwd. ½ turn right, Step left forward (12)

Dance, Smile and Have Fun!