

# COWGIRL SADDLE

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** intermediate/advanced

**Choreographer:** Nancy Van Haeken

**Music:** Saddle Up by Garth Brooks

## KICK & TOUCH, IN, KICK BALL STOMP, STEP BACK, SWEEP, STEP BACK, SWEEP, COASTER STEP

- 1&2** Right foot kick, right foot step next to, left foot side toe touch
- 3&4** Left foot kick, left foot step next to, right foot stomp (weight on left foot)
- 5&6&** Right foot step back, left foot sweep behind, left foot step back, right foot sweep behind
- 7&8** Right foot step back, left foot step next to, right foot step forward

## SIDE, TOGETHER, SIDE SHUFFLE & TOGETHER, CROSS, $\frac{1}{4}$ , $\frac{3}{4}$ TURN LEFT

- 1-2** Left foot step to side, right foot step next to left foot
- 3&4&** Left foot step to side, right foot step next to, left foot step to side
- 5-6** Left foot cross step, right foot step back  $\frac{1}{4}$  turn left
- 7&8** Left foot step forward  $\frac{1}{4}$  turn left, right foot step to side  $\frac{1}{4}$  turn left, left foot step forward  $\frac{1}{4}$  turn left

## STEP LOCK STEP, ROCK STEP $\frac{1}{2}$ , KICK BALL STOMP-STOMP, SAILOR STEP

- 1&2** Right foot step forward, left foot step behind, right foot step forward
- 3&4** Left foot step forward,  $\frac{1}{2}$  turn right, left foot step forward
- 5&6&** Right foot kick, right foot step next to, left foot stomp twice
- 7&8** Left foot step behind, right foot step to side, left foot step forward

## TOE STRUT, HEEL ROCK, BACK ROCK, HEEL, LOCK, STEP, LOCK, STEP, SIDE, HEEL, TOGETHER

- 1&2&** Right foot step forward on toes, right foot drop heel, left foot step forward on heel, put weight back on right foot
- 3&4** Left foot step back, weight back on right foot, left foot heel touch forward
- 5&6&** Left foot step back, right foot step in front of left foot, left foot step back, right foot in front of left foot

**7&8&** Left foot step back, right foot step to side, left foot heel touch forward, left foot step next to right foot

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=58806](https://www.linedance.com/index.php?f=dance_view&id=58806)