

ONE STEP AT A TIME

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Bill Larson

Music: One Night At A Time by George Strait

VINE RIGHT TOUCH, HEEL TAPS LEFT TOGETHER, RIGHT TOGETHER

- 1-2 Step right to side, step left behind right
- 3-4 Step right to side, touch left beside right
- 5-6 Tap left heel forward at 45 degrees left, step left beside right
- 7-8 Tap right heel forward at 45 degrees right, step right beside left

VINE LEFT TURN TOGETHER, HEEL TAPS LEFT TOGETHER, RIGHT TOGETHER

- 1-2 Step left to side, step right behind left
- 3-4 Step left to side with $\frac{1}{4}$ turn left, touch right beside left
- 5-6 Tap right heel forward at 45 degrees right, step right beside left
- 7-8 Tap left heel forward at 45 degrees left, step left beside right

WALK FORWARD RIGHT, LEFT, RIGHT KICK, WALK BACK LEFT, RIGHT, LEFT SIDE

- 1-4 Walk forward right, left, right, kick left forward
- 5-8 Walk back left, right, left step right to side

BUMP HIPS LEFT, RIGHT, LEFT HOLD, RIGHT, LEFT, RIGHT, LEFT

- 1-4 Bump hips left, right, left, hold
- 5-8 Step right to side bumping hips right, left, right, left

REPEAT

OPTIONAL CLAPS:

In sections 1 & 2 add claps on counts 2 (double clap) and 4 (single clap). It should then go, step (1), clap clap (2), step (3), clap (4) on the vines both right and left