

A GOOD DAY TO RUN

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Anna Balaguer

Music: A Good Day To Run by Darryl Worley

- 1-2** Left rock forward, replace on right
- 3&4** Left shuffle backward turning $\frac{3}{4}$ to left
- 5-6** Touch right toe to right side, brush right toe beside left
- 7-8** Cross right over left, stomp left beside right foot
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- 9-10** Step left forward, brush right beside left
- 11-12** Right rock backward, replace on left
- 13-14** Cross right over the left, replace on left
- 15-16** Step to right turning $\frac{1}{4}$ to right, step left to left turning $\frac{3}{4}$ to right
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- 17&18** Kick right on forward & ball on right, cross left over right
- 19-20** Touch right toe to the right side, touch right toe beside left
- 21-22** Step forward on right foot (ball on right), touch left toe behind right foot
- &23-24** Step left backward, touch right heel forward, touch right heel diagonally to the right side
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- 25&26** Touch right heel forward & step right backward, touch left heel forward
- 27-28** Touch left heel diagonally to the left, touch left heel forward
- 29-30** Left coaster step backward
- 31&32** Right shuffle forward

REPEAT