

# My Old Man

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Susanne Oates – June 2017

**Music:** "My Old Man" by Zac Brown Band [on Welcome Home Album]. 74 BPM

## #16 Count intro.

**SIDE, BACK ROCK, SIDE, DRAG, CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS  
ROCK, BALL**

- 1 2&3** Step right to right side. Rock back on left. Step right across left. Step left to left side, dragging right.
- 4&5** Step right over left. Step left to left side. Step right behind left, sweeping left from front.
- 6&7** Step left behind right. Step right to right side. Rock left over right.
- 8&** Recover weight onto right. Step ball of left beside right.

**CROSS ROCK, SIDE ROCK, BEHIND, SWEEP, SAILOR ¼ RIGHT, RUN X2, FORWARD ROCK,  
BALL**

- 1&2&** Rock right over left. Recover weight onto left. Rock right to right side. Recover weight onto left.
- 3** Step right behind left sweeping left from front.
- 4&5** Step left behind right. Turn ¼ right stepping right beside left. Step forward on left. (3)
- 6&7** Run forward on right. Run forward on left. Rock forward on right.
- 8&** Recover weight onto left. Step ball of right beside left.

**BACK, DRAG, COASTER, PIVOT ½ TURN, STEP, FULL TURN, FORWARD ROCK, BALL,**

- 1** Step back a long step on left, dragging right toward left.
- 2&3** Step back on right. Step left beside right. Step forward on right.
- 4&5** Step forward on left. Pivot ½ turn right, stepping forward on right. Step forward on left. (9)
- 6&7** Turn ½ left, stepping back on right. Turn ½ turn left, stepping forward on left. Rock forward on right (9)
- 8&** Recover weight onto left. Step ball of right beside left.

**BACK ROCK, ½ TURN RIGHT, BACK ROCK, FULL TURN, PIVOT ¼ LEFT, CROSS, TURN ¼,  
¼.**

- 1&2** Rock back on left. Recover weight onto right. Turn  $\frac{1}{2}$  right, stepping back on left. (3)
- 3 4** Rock back on right. Recover weight onto left
- &5** Turn  $\frac{1}{2}$  left, stepping back on right. Turn  $\frac{1}{2}$  left, stepping forward on left.
- 6 7** Step forward on right. Pivot  $\frac{1}{4}$  left, stepping left to left side. (12)
- 8&** Step right across left. Turn  $\frac{1}{4}$  right, stepping back on left. Turn  $\frac{1}{4}$  right, stepping right to right side. (the first count of the dance or Tag) (6)

**TAGS: Wall 1: Long Tag. || Wall 2: Short Tag. || Wall 3: Long Tag. || Wall 4: No Tag. || Wall 5: Short Tag. || Wall 6: Long Tag.**

**LONG TAG [End of Walls 1, 3, (both 6o'clock), and Wall 6 (12'oclock)]**

**RIGHT SCISSORS, GRAPEVINE, CROSS, LEFT SCISSORS, TURN  $\frac{1}{4}$  LEFT,  $\frac{1}{4}$  LEFT, CROSS ROCK.**

- 1&2** Step right to right side. Step left beside right. Step right across left.
- &3&4** Step left to left side. Step right behind left. Step left to left side. Step right across left.
- 5&6** Step left to left side. Step right beside left. Step left across right.
- 7&8** Turn  $\frac{1}{4}$  left, stepping back on right. Turn  $\frac{1}{4}$  left, stepping left to left side. Rock right across left.
- &** Recover weight onto left.

**RIGHT SCISSORS, GRAPEVINE, CROSS, LEFT SCISSORS, UNWIND  $\frac{1}{2}$  RIGHT, RIGHT SAILOR.**

- 1&2** Step right to right side. Step left beside right. Step right across left.
- &3&4** Step left to left side. Step right behind left. Step left to left side. Step right across left.
- 5&6** Step left to left side. Step right beside left. Step left across right.
- 7 8&** Unwind  $\frac{1}{2}$  right, keeping weight on left. Step right behind left. Step left to left side. Step right to right side. (the first count of the dance)

**SHORT TAG {End of Walls 2, (12o'clock) and 5 (6o,clock)}**

**SIDE, BACK ROCK, SWAY, SWAY, BALL.**

- 1 2&** Step right to right side. Rock back on left. Step right across left.
- 3 4** Step left to left side, swaying hips left. Sway hips right, taking weight onto right.
- &(1) Step ball of left beside right. Step right to right side. (the first count of the dance)**

**Last Update - 16th June 2017**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=118845](https://www.linedance.com/index.php?f=dance_view&id=118845)