

Lay Low

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Count: 32

Wall: 4

Level: Improver / Intermediate

Choreographer: Mick Harris . (April 2013)

Music: Lay Low by Blake Shelton

Start: approx. 20 counts (on the word "of")

VINE WITH SYNCOPATED STEP X 2.

1,2,3,4&step L behind R, step R to R side, cross L over R, step R to R side, step L next to R. (weight on L foot)

5,6,7,8&step R behind L, step L to L side, cross R over L, step L to L side, step R next to L. (weight on R foot)

JAZZ BOX WITH TOUCH, KICK, KICK , SAILOR ¼ TURN.

1,2,3,4step L across R, step back on R, step L to L, touch R beside L.

5,6kick fwd with R, kick R out to R.

7&8step R behind L turning ¼ R, step L in place, step R in place. (3.00)

STEP, PIVOT, TURN , TURN, CROSS POINT X 2.

1,2step fwd on L, pivot turn ½ R. (9.00)

3,4turn ½ R stepping fwd on L, turn ½ R stepping back on R.

(alternative : walk, walk L,R.)

5,6step L across R, point R out to R side.

7,8step R across L, point L out to R side.

¼ TURN, STEP, CROSS SHUFFLE, STEP PIVOT, SHUFFLE FULL TURN.

1,2keeping the L out to the side arc it back to turn ¼ L, step the R next to L.

(transferring weight onto R)

3&4step L across R, step R slightly to R, step L across R. (6.00)

5,6step R to R side, pivot 1/4 L transferring weight to L. (3.00)

7&8 Shuffle full turn L (RLR).

(alternative : shuffle fwd RLR)

Start again.

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