

Just Lay Low

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Sue Smyth (Jan 2015)

Music: Lay Low by Josh Turner

Intro 32 counts

Sec 1: CROSS HOLD AND CROSS SIDE, SAILOR ¼ TURN RIGHT, LEFT SHUFFLE FWD

1-2cross right over left, hold for 1 count

&3-4step L to L side, cross right over left, step left to left side

5&6step R behind left, make ¼ turn right stepping on left, step fwd on R (3 o'clock)

7&8step fwd on L, step R next to L, step fwd on L

Sec 2: FULL TURN(WALK WALK), RIGHT SHUFFLE FWD, LEFT ROCK FWD,LEFT COASTER STEP

1-2make ½ turn left stepping back on right, make ½ turn left stepping fwd on left,(alt walk fwd on R L)

3&4step fwd on right, step left beside right, step fwd on right

5-6rock fwd on left, rec on right

7&8step back on left, step right beside left, step fwd on left

Restart 1: on wall 4 facing 6 oclock,

Tag and 2nd Restart on wall 9 facing 9 o'clock

Sec 3: RIGHT ROCK FWD, SHUFFLE ½ TURN RIGHT,LEFT SIDE ROCK, LEFT SAILOR STEP

1-2rock fwd on right, rec on left

3&4shuffle ½ turn right on R L R (9 o'clock)

5-6rock left to left side, rec on right

7&8step left behind right, step right to right side, step left to left

Sec 4: RIGHT CROSS ROCK CHASSE TO RIGHT, LEFT CROSS ROCK CHASSE TO LEFT

1-2 cross rock right over left, rec on left

3&4 step R to R side, close L beside R, step R to R side

5-6 cross rock left over right, rec on right

7&8 step left to left side, close right beside left, step left to left side.

RESTART 1: ON WALL 4 AFTER COUNT 16 - SEC 2

TAG AND RESTART ON WALL 9 FACING 9 O'CLOCK AFTER COUNT 16 SEC 2.

TAG 1-4 rock fwd on right, rec on left, rock right to right side rec on left

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