

# If I Don't Dance

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**Count:** 32

**Wall:** 4

**Level:** Beginner / Improver

**Choreographer:** Johnny Two-Step (UK)

**Music:** If I Don't Dance by Kelly Hunt

## ROCK RECOVER, SHUFFLE ½ TURN, ROCK RECOVER, COASTER STEP

- 1-2 Rock forward on right foot back on left foot
- 3&4 Shuffle ½ turn right, stepping right, left, right
- 5-6 Rock forward on left foot, back on right foot
- 7&8 Step back on left, step right beside left, step left forward

## FORWARD RIGHT TOE STRUT, LEFT TOE STRUT, ½ TOE STRUT , ¼ TOE STRUT

- 1-2 Step forward right toe down heel down
- 3-4 Forward left toe down heel down
- 5-6 Make a ½ turn left stepping back on right toe heel
- 7-8 Make a ¼ turn left stepping left toe heel to left side

## STEP LOCK SHUFFLE , STEP ¾ TURN, SIDE SHUFFLE

- 1-2 Step forward on right foot step left behind right foot
- 3&4 Shuffle forward right left right
- 5-6 Step forward on left foot ¾ turn right on right foot
- 7&8 Side shuffle left stepping left right left

## CROSS BEHIND ¼ TURN, SHUFFLE FORWARD, ROCK RECOVER , COASTER STEP

- 1-2 Step right behind left foot ¼ turn left on left foot
- 3&4 Shuffle forward right left right
- 5-6 Rock forward on left foot back on right foot
- 7&8 Step back on left, step right beside left, step left forward

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