

My Girl - Rumba

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Count: 64

Wall: 4

Level: Intermediate - Rumba

Choreographer: Beate Keller (GER), Jan-14-2013

Music: My Girl by The Temptations, (105 bpm)

Sequence: 64-64-44(Bridge 4) - 64-24...(Ending on the front wall)

Start: 8 Counts intro, on the word "sunshine"...

(1-8) NEW YORKER L, HOLD, STEP FULL TURN RIGHT, STEP SIDE L, HOLD

1RF ¼ turn left and rock fwd (9:00)

2LF recover and ¼ turn right (12:00)

3 - 4RF step side right - hold

5LF cross over RF, ¾ turn right

6RF recover and ¼ turn right

7 - 8LF step side left - hold

(9-16) STEP FULL TURN LEFT, STEP SIDE R, HOLD, NEW YORKER R, HOLD

1RF cross over LF, ¾ turn left

2LF recover and ¼ turn left

3 - 4RF step side right - hold

5LF ¼ turn right and rock fwd (3:00)

6RF recover and ¼ turn left (12:00)

7 - 8LF step side left - hold

(17-24) WALK BACK R - L - R, HOLD, ROCK BACK, RECOVER, 1/8 TURN LEFT STEP FWD, HOLD

1RF walk back

2LF walk back

3 - 4RF walk back - hold

5LF rock back

6RF recover

7 - 8LF 1/8 turn left, step fwd - hold (10.30)

(25-32) WALK IN A FULL CIRCLE LEFT R-L-R, HOLD, L-R-L STEP SIDE L, HOLD

1RF 1/8 turn left, step fwd

2LF 1/4 turn left, step fwd

3 - 4RF 1/8 turn left, step fwd - hold

5LF 1/4 turn left, step fwd

6RF 1/8 turn left, step fwd

7 - 8LF step side left - hold (12:00)

(33-40) PRISSY WALKS R, HOLD, L, HOLD, R, HOLD, ROCK SIDE L, RECOVER

1 - 2 - 3 - 4RF cross in front over LF - hold - LF cross in front over RF - hold

5 - 6 - 7 - 8RF cross in front over LF - hold - LF rock side left - RF recover (12:00)

(41-48) WEAVE RIGHT, STEP 1/2 TURN RIGHT, RECOVER

1 - 2 - 3 - 4LF cross over RF - RF step side right - LF cross behind RF - RF step side right

5 - 6 - 7 - 8LF cross over RF - RF step side right - LF step fwd, 1/2 turn right - RF recover (6:00)

(49-56) 1 1/2 THREE STEP TURN RIGHT(L-R-L), HOLD, ROCK BACK, RECOVER, STEP FWD, HOLD

1LF 1/4 turn right and step side left

2RF step back and full turn right

3 - 4LF ¼ turn right and step back - hold (12:00)

5RF rock back

6LF recover

7 - 8RF step fwd - hold

(57-64) LOCK STEP FWD ¼ TURN L, HOLD, OUT-OUT-IN-IN

1LF ¼ turn left and step fwd (9:00)

2RF lock step

3 - 4LF step fwd - hold

5 - 6 - 7- 8RF step fwd out - LF step fwd out - RF step back in - LF step back in (weight at end on LF)

Start again

BRIDGE AFTER COUNT 44 (YOU WILL BE ON THE BACK WALL) - START AGAIN (FACING 3:00)

(1-4) CHASSE L ¼ TURN L, HOLD, HOLD

1&2LF ¼ turn left and step side left (3:00) - RF step next to LF - LF step side left

3 4hold - hold

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Last Revision - 26th August 2013