

# Gangsta's Paradise

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Aurélie Chachoua & Steffie ROBERT - December 2017

**Music:** Gangsta's Paradise - Coolio [4:01]

**Intro : 16 comptes - quand les paroles commencement**

**[1-8] R STEP FW, L STEP, R. STEP, MAMBO G, STEP D, STEP G, MAMBO D, L STEP**

- 1-2&**      Step R Forward, Step L next to R, Step R in place
- 3&4**      Rock L to L Side (option : press L for styling), Recover on R, Step L forward
- 5&**      Step R next to L, Step L in place
- 6&7**      Rock R to R side (option : press R for styling), Recover on L, Step R forward
- 8**      Step L next to R (slightly forward)

**[9-16] R SHUFFLE BW, L SHUFFLE BW, COASTER STEP, OUT, OUT**

**1&2-3&4R triple Step Backward (R, L, R), L Triple Step backward (L, R, L)**

**5&6R Coaster Step**

- 7**      Step L to L Side "OUT" rolling L knee outward and with a small hip bump
- 8**      Step R to R Side "OUT" rolling L knee outward and with a small hip bump

**[17-24] HIP BUMPS, R SAILOR STEP WITH A 1/4 TURN R, L KICK BALL STEP**

**1-4**      Hip Bump to the L x2, Hip Bump to the R, Hip bump to the L

**(For counts 1 to 4, free styling to fit with the music)**

**5&6R Sailor Step with a 1/4 turn R 3:00**

**7&8L Kick Ball Step (= Kick L forward, Step ball of L next to R, Step R forward)**

**[25-32] STEP, 1/2 TURN R, STEP, R & L CROSS MAMBO, SWAYED ROCK STEP**

- 1&2**      Step L forward, 1/2 turn R (weight on R), Step L forward (\* change on last wall) 9:00
- 3&4R Cross Mambo (= Rock R to R side, Recover on L, Cross D devant PG) 3:00**
- 5&6**      Cross Mambo G (= Rock Step G à G, Revenir PdC sur PD, Cross G devant PD)
- 7**      Step D en arrière en balançant le corps vers l'arrière

**TAG/REPEAT - at the end of 2nd wall, repeat the last 16 counts.**

**Attention : before the tag/repeat, the last count of the 3rd wall change.**

**\*\* Transform count 8 with counts &8 : (&) Recover weight on L dragging R toward L, (8)  
Step R to R side "out" Then repeat counts 17 to 32 (Hip bumps)**

**\* FIN - When the beat of the music stop, you have 16 counts left to do. Keep dancing until the end changing only count 26 (STEP L forward). Instead, you do a ½ tour à R stepping on L backward. The dance will finish at 12:00**

**REPEAT**

**Convention :**

**R = Right :: L = Left**

**Fwd = forward :: Bwd = Backward**

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**Last Update - 20th Dec. 2017**