

In My Heart

LINEDANCE.COM

Count: 80 **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: Pier Luigi Mora - Country Freedom - October 2017

Music: I be U be - High Valley

Phrased: A, A,Tag 1, B,Tag 2, B-, A, A,Tag 1, B,Tag 2, B-, A-, B-,B

A= 40 T, Tag 1= 2T, B = 40 T, Tag 2= 8T, B- = 32 T, A- = 32T

A: 40 counts

A1:

1&2 -side shuffle right

3,4 -left foot rock behind, back

5,6 - $\frac{3}{4}$ turn to the right

7&8 -left shuffle forward [8]

A2:

1,2 -step right, turn $\frac{1}{2}$ to left

3&4 -right shuffle turn $\frac{1}{4}$ to left

5,6 -left foot rock behind, back

7&8 -kick, ball, cross [16]

A3:

1,2 -side rock left, back

3&4 -sailor turn $\frac{1}{2}$ to the left

5,6 -right foot slide to right

7,8 -touch behind left, stomp right [24]

A4:

1,2,3 -vine to left

4- scuff right and $\frac{1}{4}$ turn to left

5,6 -step right, turn $\frac{1}{2}$ to left

7,8 -step right, turn $\frac{1}{4}$ to left [32]

At wall 9 restart here with "B"

A5:

1,2 -rocking chair right ahead

3,4 -rocking chair right back

5,6 -step right, turn $\frac{1}{2}$ to left

7,8 -step right, turn $\frac{1}{2}$ to left [40]

B: 40 counts

B1:

1,2&3&4& -vaudeville right

5,6&7&8& -vaudeville left [8]

B2:

1,2 -step right, turn $\frac{1}{2}$ to left

3&4 -right cross shuffle

5,6 -step left, turn $\frac{1}{2}$ to right

3&4 -left cross shuffle [16]

B3:

1,2 -rock step right, back

3&4 -wave to left

5,6 -rock step left, back

7&8 -wave to right [24]

B4:

1,2 -step right, turn ½ to left

3&4 -shuffle turn ½ to left

5&6 -coaster step

7,8 -step right, turn ½ to left [32]

At wall 4 and 8 Restart here with “A”

At wall 10 Restart here with “B”

B5:

1,2 -full turn to left

3&4 -right shuffle ahead

5,6 -rock step left, back

7&8 -left coaster cross [40]

TAG 1 at 2° and 6° wall add at the end:

1,2 -stomp right , hold

Then Restart with part “B”

TAG 2 at wall 3 and 7 add at the end:

1&2,3,4-side shuffle right, rock behind left

5&6,7,8-side shuffle left, rock behind right

Then Restart with part “B”

Contact: countryfreedom2014@gmail.com