

Lay It On Me

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Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Harold Grimshaw - Nov 2013

Music: Lay it on Me - Tim Ash [Up on Blocks]

Section 1: Side, Cross Rock, Side Close Back, Back Rock, Back 1/2 Left

1-2-3 Long Step Right, Left Cross, Rock back onto Right

4&5 Left Side, Close Right, Left back

6-7 Right back, Rock forward onto Left

8(1/2 Left) Right Back

Section 2: Back Rock, Back 1/2 Right, Shuffle 1/2 Turn, Side Rock, Cross, Side

1-2 Left Back, Rock forward onto Right

3(1 / 2 Right) Left Back

4&5(1 / 2 Right) Right Shuffle forward

6&7 Left Side, Rock weight onto Right, Cross Left

8 Right Side

Section 3: Behind, Side Close 1/4, 1/4 Turn Rock Cross, Hinge 1/2 Turn Chasse

1 Left behind

2&3 Right Side, Close, 1/4 Right

4&5(1/4 Right) Left Side Rock, Cross Left

6(1/4 Left) Right Back

7&8(1/4 Left) Left Side, Close, Side

Section 4: Cross, Point, Behind, Side Close Forward, Mambo Rock, Touch

1-2-3 Cross Right, Point Left Side, Left behind

4&5 Right Side, Close, Forward

6&7 Left Forward, Rock back onto Right, Left Back

8 Touch Right over Left

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=95376