

# Between The Bars

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**Count:** 48

**Wall:** 2

**Level:** Intermediate / Advanced

**Choreographer:** Brandi Gross (Feb 2015)

**Music:** Between The Bars by The Civil Wars

## Intro-24 counts

### [1-6] TWINKLE, 3/4 TURN

- 1 - 3      Cross R over L (1), Rock L out to L (2), Recover onto R (3)
- 4 - 6      Cross L over R (4), Turn  $\frac{1}{4}$  L stepping back on R (5) Turn  $\frac{1}{2}$  L stepping forward on L (6)  
(3:00)

### [7-12] STEP, $\frac{1}{4}$ SWEEPING HITCH TURN, CROSS, SIDE, BEHIND

- 1 - 3      Step R forward (1), Step L forward as sweeping R into a hitch turning  $\frac{1}{4}$  L (2-3) (12:00)
- 4 - 6      Step R down across L (4), Step L to L side (5), Cross R behind L (6)

### [13-18] $\frac{1}{4}$ R TURN STEP AND DRAG, BALL, $\frac{1}{4}$ STEP L, CROSS, SIDE, BEHIND

- 1 - 2      Turn  $\frac{1}{4}$  R taking a big step back on L as push both hands forward (1) drag R ft (2) (3:00)
- 3 &      Step ball of R next to L (3), Turn  $\frac{1}{4}$  L stepping L to L side (&) (12:00)
- 4 - 6      Cross R over L (4), Step L to L side (5), Cross R behind L (6)

### [19-24] STEP WITH HAND MOTIONS, R FULL TURN WITH R TURNED OUT HITCH, STEP, BALL

- 1          Step L to L side as reach L hand and arm across chest to R diagonal with fingers up (1)
- 2 - 3      Move L hand to L diagonal with fingers up (2), Grab L wrist overhanded with R keeping R elbow out (3) (10:30)
- 4          Make a full turn over R on ball of L hitching R up with knee turned out (10:30)
- 5 - 6      Dropping arms step forward on R, Step ball of L close behind R turning  $\frac{1}{8}$  R (12:00)

### [25-30] STEP $\frac{3}{8}$ AND SWEEP, STEP, STEP, TOGETHER WITH SHOULDERS AND HEAD MOTION

- 1 - 3      Turn  $\frac{3}{8}$  R stepping R forward while sweeping L (1-2), Step L forward (3) (4:30)
- 4 - 6      Step R forward (4), Step L next to R and drop R shoulder forward (5), Drop L shoulder forward while dropping head (6)

### **[31-36] STEP, STEP, ¼ L STEP, 3/8 STEP WITH HAND MOTIONS, HITCH**

- 1 - 3** Step R back lifting up head & shoulders bringing hands to chest (1), Step L back (2), Step R back turning ¼ L (3) (1:30)
- 4** Turn 3/8 L stepping L fwd while lifting L arm to upward diagonal leading with top of wrist (4) (9:00)
- 5** Leading with top of wrist bring R arm up next to L (5)
- 6** Hitch right knee in toward chest bringing arms in to meet knee (6)

### **[37-42] EXTEND R LEG, ½ TURN, STEP, BEGIN PARTIAL DIAMOND**

- 1** Extend R leg at downward angle and rotate ½ over R shoulder keeping leg up (1) (3:00)
- 2 - 3** Step R forward (2), Step L forward (3)
- 4 - 6** Sweep R to front (4) Cross R over L (5) Step L to back L diagonal turning 1/8 R (6) (4:30)

### **[43-48] COMPLETE PARTIAL DIAMOND, FULL TURN**

- 1 - 3** Step back on R (1), Step back on L turning 1/8 R (2), Step R forward (3) (6:00)
- 4 - 6** Step L forward prepping for turn (4), Full turn L on ball of L dragging R toe (5-6) (6:00)

**No Tags, No Restarts**

**Enjoy!**

**Please do not alter this step sheet in any way.**

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