

# Mountain Dew

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Micaela Svensson Erlandsson, October 2015

**Music:** Mountain Dew - Hair of the Dog

## Intro - 24 Counts

**Section 1: Right Heel x 2. Left Heel x 2. Right Heel. Left Heel. Right Heel. Hold & Clap twice.**

- 1-2**            Touch right heel forward. Touch right heel forward.
- & 3-4**        Step right beside left. Touch left heel forward. Touch left heel forward.
- &5&**            Step left beside right. Touch right heel forward. Step right beside left.
- 6&7**        Touch left heel forward. Step left beside right. Touch right heel forward.
- &8**            Hold & Clap. Clap.

**Section 2: Sailor Step. Sailor 1/4 Turn left. Forward Shuffle. Stomp. Kick.**

- 1&2**            Step right behind left. Step left to left side. Step right foot in place.
- 3&4**            Turn 1/4 left stepping left behind right. Step right to right side. Step left in place.
- 5&6**            Step forward on right. Close left beside right. step forward on right.
- 7-8**            Stomp left. Kick left forward.

**Section 3: Back Mambo. Forward Mambo. Tap. Unwind 1/2 left. Stomp. Hold & Clap Twice.**

- 1&2**            Rock back on left. Recover onto right. Step forward on left.
- 3&4**            Rock forward on right. Recover onto left. Step back on right.
- 5-6**            Tap left toes back. Unwind 1/2 left leaving weight on left.
- 7&8**            Stomp right. Hold & Clap. Clap.

**Section 4: Right Chasse 1/4 Turn right. Left Chasse 1/4 Turn right. Right Chasse. Kick Ball Touch.**

- 1&2**            Step right to right. Close left beside right. Turn 1/4 right stepping right forward.
- 3&4**            Step left to left. Close right beside left. Turn 1/4 right stepping back on left.
- 5&6**            Step right to right. Step left beside right. Step right to right.

**7&8**

Kick left forward. Step left in place. Touch right beside left.

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=108287](https://www.linedance.com/index.php?f=dance_view&id=108287)