

# COWBOY MACARENA

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**Count:** 16      **Wall:** 4      **Level:** beginner

**Choreographer:** George De Virgilio

**Music:** Macarena by The GrooveGrass Boyz

- 1      Hips left; left hand extended forward like holding reins of horse, right hand twirling rope overhead like throwing a lasso
- 2      Hips right; hands same as #1
- 3      Hips left; hands same as #1
- 4      Hips right; hands same as #1 except right hand throws rope
- 5      Hips left; bring right hand down to right hip (holster)
- 6      Hips right; bring left hand down to left hip (holster)
- 7      Hips left; right hand pulls gun, points forward & shoots (shape hand like gun)
- 8      Hips right; left hand pulls gun, points forward & shoots (shape hands like gun)
  
- 9      Hips left; right hand brings gun to mouth and blows smoke
- 10     Hips right; left hand bring gun to mouth and blows smoke
- 11     Hips left; replace right gun in holster (right hip)
- 12     Hips right; replace left gun in holster (left hip)

## **Keep hands at hips (guns in holsters)**

- 13     Roll hips left
- 14     Roll hips right
- 15     Roll hips left
- 16     Jump & turn  $\frac{1}{4}$  turn left while rolling hips right

**REPEAT**