

**Count:** 72                      **Wall:** 2                      **Level:** —

**Choreographer:** Margaret Murphy

**Music:** It's OK by Atomic Kitten

## DOUBLE HIP BUMPS RIGHT, LEFT, RIGHT, LEFT

**1&2-3&4** Double hip bumps to the right, double hip bumps to the left

**5&6-7&8** Repeat last 4 beats (12:00)

## POINTS, SWEEPS AND SAILOR STEPS

**1-2-3&4** Point right toe forward, sweep around into a right sailor step

**5-6-7&8** Point left toe forward, sweep around into a left sailor step (12:00)

## ROCK FORWARD & BACK, ROLL A FULL TURN TO THE RIGHT AND LEFT

**1-2-3-4** Rock across left with right, step back onto left, full turn triple step right-left-right to the right

**5-6-7-8** Rock across right with left, step back onto left, full turn triple step left-right-left to the left (12:00)

## ROCK FORWARD AND BACK 1 ½ TRIPLE TURN RIGHT STEP LOCK FORWARD

**1-2-3&4** Rock forward onto right back onto left, 1 & ½ turn triple step to the right (right-left-right)

**5-6-7&8** Step forward on left, lock right behind, shuffle forward, left-right-left (6:00)

## STEP LOCK FORWARD, STEP LOCKS BACK

**1-2-3&4** Step forward on right, lock left behind, shuffle forward, right-left-right

**5-6-7&8** Rock forward on left, back on right, step back on left lock right in front of left

## LOCK BACK, SHUFFLE, ROCKS, SHUFFLE FORWARD

**1-2-3&4** Step back right, lock left in front of right, shuffle back right-left-right

**5-6-7&8** Rock back onto left, forward onto right, shuffle forward, left-right-left

## 2 X ¼ TURN PADDLES, 2 X SAMBAS

**1-2-3-4** Step forward on right, paddle ¼ turn to the left twice

**5&6-7&8** Samba step right, across left, samba step left across right (12:00)

## ¼ PADDLES TWICE, ROCKS AND HIP BUMPS

**1-2-3-4** Step forward on right, paddle  $\frac{1}{4}$  turn to the left twice

**5-6-7&8** Rock onto right, rock onto left, step to the right and bump hips right-left-right, (6:00)

### **ROCKS, HIP BUMPS, JAZZ BOX**

**1-2-3&4** Rock onto left, rock onto right, step to the left and bumps hips left-right-left

**5-6-7-8** Cross right in front of left, step back on left, step right to right, step left slightly forward  
(6:00)

### **REPEAT**