

# MY NO. 1

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Sanna Alpsjö

**Music:** My Number One by Elena Papparizou

**It's a quick start. Begin the dance when Elena starts to sing**

## **WALK RIGHT, LEFT, RIGHT SHUFFLE, LEFT STEP TURN $\frac{1}{2}$ , LEFT SHUFFLE**

- 1-2** Walk right forward, walk left forward
- 3&4** Step right forward, step left next to right, step right forward
- 5-6** Step left forward, turn  $\frac{1}{2}$  to the right
- 7&8** Step left forward, step right next to left, step left forward

## **STEP SIDE, BEHIND, RIGHT CHASSE, LEFT CROSS ROCK, LEFT SHUFFLE $\frac{1}{4}$**

- 1-2** Step right to right side, cross left behind right
- 3&4** Step right to right side, step left next to right, step right to right side
- 5-6** Cross rock left over right, recover on right
- 7&8** Step left  $\frac{1}{4}$  to the left, step right next to left, step left forward

**Restart from here when dancing 4th time**

## **FULL TURN LEFT, RIGHT SHUFFLE, HIP BUMPS**

- 1-2** Step right back  $\frac{1}{2}$  turn to the left, step left forward  $\frac{1}{2}$  turn to the left
- 3&4** Step right forward, step left next to right, step right forward
- 5-6** Bump left forward, bump right back
- 7&8** Bump left forward, bump right back, bump left forward

## **RIGHT BUMP BACK, LEFT KICK BALL TOUCH, RIGHT STEP FORWARD, LEFT MAMBO STEP FORWARD, STOMP RIGHT, STOMP LEFT**

- 1** Bump right back
- 2&3** Kick left forward, step left next to right, touch right next to left
- 4** Step right forward
- 5&6** Rock forward on left, recover on right, step left together

7-8 Stomp right, stomp left

**REPEAT**

**RESTART**

**Restart after count 16 on wall 4**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=31692](https://www.linedance.com/index.php?f=dance_view&id=31692)