

**Count:** 32      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Hazel Pace

**Music:** Mary Lou by Delbert McClinton

## STEP ¼ TURN, HEEL DROP, STEP ½ TURN, HEEL DROP, LEFT SHUFFLE, SWEEP, ¾ TURN, TOUCH

- 1 Step left to side making ¼ turn right lifting right heel
- 2 Drop right heel (straighten leg pushing hips back)
- 3 Step onto right making ½ turn left lifting left heel
- 4 Drop left heel (straighten leg pushing hips back)
- 5&6 Left shuffle forward on left, right, left
- 7 Sweep right leg around making ¾ turn left
- 8 Touch right beside left

## RIGHT SHUFFLE, ROCK STEP, LEFT SHUFFLE, ROCK STEP

- 1&2 Right shuffle forward on right, left, right
- 3-4 Rock forward on left, rock back on right
- 5&6 Left shuffle back on left, right, left
- 7-8 Rock back on right rock forward on left

## STEP TURN, TOUCH CLAP, STEP TURN, KICK CLAP, COASTER STEP, STEP PIVOT ¾ TURN RIGHT

- 1 Step forward right making ½ turn left (keep weight on right)
- 2 Touch left toe forward clap
- 3 Step onto left making ½ turn right (keep weight on left)
- 4 Kick right forward, clap
- 5&6 Step back on right, step left beside right, step forward right
- 7-8 Step forward left, ¾ pivot turn right (putting weight on right)

## STEP SLIDE TOUCH, KICK & CROSS, STEP SLIDE TOUCH

- 1-2 Step left to side, slide right up to left, touch

**3&4** Kick right foot forward, right beside left, cross step left over right

**5&6** Kick right foot forward, right beside left, cross step left over right

**7-8** Step right to side, slide left up to right, touch (angle body to right diagonal)

**REPEAT**