

# Follow You Down

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**Count:** 48

**Wall:** 4

**Level:** Intermediate - waltz

**Choreographer:** Guyton Mundy (April 2014)

**Music:** I'll Follow You by Shinedown

## [1-6] Cross rock, hold, recover, 1/4 turn, 7/8 spin turn

**1-2-3** cross rock left over right, hold, recover on right

**4-5-6** make 1/4 turn left stepping forward on left, spin 7/8 turn left over 2 counts keeping weight on left (now facing left diagonal)

## [7-12] Walk back x 5, 1/4 turn

**1-2-3** Walk back right, left, right

**4-5-6** Walk back left, step together with right, make 1/4 turn left stepping forward on left

## [13-18] Walk forward x 2, rock, recover, back, 1/2 turn

**1-2-3** Walk forward right, left, rock forward on right

**4-5-6** recover on left, step back on right, make 1/2 turn left stepping forward on left

## [19-24] Full turn, twinkle

**1-2-3** spin a full turn left ending with weight on right (still facing the diagonal)

**4-5-6** cross left over right, step right to right side, step together with left

## [25-30] Cross, sweep, cross, 1/8 turn, back

**1-2-3** cross right over left, sweep left around over 2 counts

**4-5-6** cross left over right, make 1/8 turn left stepping back on right, step back on left

## [31-36] 1/2 turn, 1/2 turn sweep, forward, sweep

**1-2-3** make 1/2 turn right stepping forward on right sweeping left around, continue the sweep over 2 counts making another 1/2 turn right

**4-5-6** step forward on left, sweep right around over 2 counts

## [37-42] Rock, recover, back, 1/2 turn, 1/4 turn, prep

**1-2-3rock forward on right, recover on left, step back on right**

**4-5-6make 1/2 turn left stepping forward on left, make 1/4 turn left stepping right to right side, torque body to right into a prep**

**[43-48] Full turn, side, behind, side**

**1-2-3make full turn left on left foot**

**4-5-6step right to right side, step left behind right, step right to right side**

**Tag: will happen after walls 1, 2 and 3**

**[1-6] Step sweep x 2**

**1-2-3step forward on left sweeping right around**

**4-5-6step forward on right sweeping left around**

**[7-12] Step, rock, recover, back. 1/2 turn, forward**

**1-2-3step forward on left, rock forward on right, recover on left**

**4-5-6step back on right, make 1/2 turn left stepping forward on left, step forward on right**

**Repeat these 12 counts and Restart the dance.**