

# FOREVER AND FOR ALWAYS

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**Count:** 64

**Wall:** 1

**Level:** intermediate

**Choreographer:** Julie Allen

**Music:** Forever & For Always by Shania Twain

## **SIDE TOGETHER, CHASSE RIGHT, LEFT MAMBO, RIGHT MAMBO**

- 1-2** Step right to right side, step left beside right
- 3&4** Step right to right side, close left to right, step right to right side
- 5&6** Cross rock left across right, recover weight onto right, step left next to right
- 7&8** Cross rock right across left, recover weight onto left, step right next to left

## **STEP CROSS POINT RIGHT, STEP CROSS POINT LEFT, ¼ TURN LEFT HITCH, STEP FORWARD LEFT, BACK ON RIGHT, FORWARD ON LEFT**

- 1-2** Step left across right and point right toe to the side
- 3-4** Step right across left and point left toe to the side
- 5-6** Swivel ¼ left on right foot, hitch left foot across right
- 7&8** Step left forward, step right back, step left forward

## **RIGHT LOCK STEP, FULL TURN RIGHT, LEFT LOCK STEP BACK, RIGHT COASTER STEP**

- 1&2** Step right forward, step left behind right, step right forward
- 3-4½ turn right stepping back on left, ½ turn right stepping forward on right**
- 5&6** Step left back, step right across left, step left back
- 7&8** Step right back, step left back next to right, step right forward

## **STEP LEFT FORWARD ¼ TURN RIGHT, LEFT CROSS SHUFFLE, TOUCH RIGHT HEEL, BALL CROSS, TOUCH RIGHT HEEL BALL CROSS**

- 1-2** Step left forward ¼ turn right
- 3&4** Left cross shuffle
- 5&6** Touch right heel to right diagonal, step right back behind left, step left across right
- 7&8** Touch right heel to right diagonal, step right back behind left, step left across right

**On the touch heel bend both arms up to right shoulder & click fingers, on the ball cross take both arms down to left hip**

**ROCK RIGHT RECOVER, BEHIND SIDE CROSS, TOUCH LEFT HEEL, BALL CROSS, TOUCH LEFT HEEL, BALL CROSS**

- 1-2 Rock right to right, replace on left
- 3&4 Step right behind left, step left to left, cross right over left
- 5&6 Touch left heel to left diagonal, step left back behind right, step right across left
- 7&8 Touch left heel to left diagonal, step left back behind right, step right across left

**On the touch heel bend both arms up to left shoulder and click fingers, on the ball cross take both arms down to the right hip**

**ROCK LEFT RECOVER, BEHIND SIDE CROSS, STEP BACK RIGHT ¼ TURN LEFT, STEP LEFT TO LEFT WITH ¼ TURN LEFT RIGHT MAMBO**

- 1-2 Rock left, replace on right
- 3&4 Step left behind right, step right to right, step left across right
- 5-6 Step back right with ¼ left, step left to left with ¼ turn left
- 7&8 Cross rock right across left, recover weight on left, step right next to left

**LEFT ACROSS RIGHT, RIGHT TO RIGHT, BEHIND SIDE TOUCH LEFT HEEL, STEP, FRONT, SIDE, BEHIND SIDE TOUCH RIGHT HEEL**

- 1-2 Step left across right, step right to right
- 3&4 Step left behind right, step right next to left, touch left heel to left diagonal
- &5-6 Step left in place, step right across left, step left to left
- 7&8 Step right behind left, step left in place, touch right heel to right diagonal

**STEP RIGHT IN PLACE, STEP LEFT ACROSS RIGHT, STEP BACK ON RIGHT MAKING ¼ TURN LEFT, STEP ¼ TURN LEFT CHASSE, CROSS RIGHT OVER LEFT, PIVOT FULL TURN, STEP RIGHT TO RIGHT, STEP LEFT NEXT TO RIGHT AND POP RIGHT KNEE FORWARD**

- &1-2 Step right in place, step left across right, step back on right turning ¼ turn left
- 3&4 Step ¼ turn left, step right next to left, step left to left
- 5-6 Cross right over left and pivot full turn (weight on left)
- 7-8 Step right to right, step left next to right and pop right knee forward

**On the 6th wall dance up to steps 3 & 4 in section 4 and take a long step to the right dragging left foot to touch next to right for a stylish finish with arms stretched out to either side**

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=54623](https://www.linedance.com/index.php?f=dance_view&id=54623)