

HARD GOODBYE

LINEDANCE.COM

Count: 56 **Wall:** 4 **Level:** beginner

Choreographer: Dancin' Mamas

Music: Can't Let Go by Ulrika Beijer

Free Music download: www.dansairad.nu

HEEL, HOOK, HEEL, HEEL, RUN, RUN, RUN, SCUFF

1-2 Dig right heel forward, hook right leg over left

3-4 Dig right heel forward twice

5-7"Run" forward on right, left, right

8 Scuff

CROSS, BACK, BACK, HOLD, CROSS, BACK, BACK, HOLD

1-2 Cross left over right, step back on right

3-4 Step back on left, hold, (turning body slightly to left, leading with left shoulder)

5-6 Cross right over left, step back on left

7-8 Step back on right, hold, (turning body slightly to right, leading with right shoulder)

BUMPS

1-2 Bump hips left, hold

3-4 Bump hips right, hold

5-8 Bump hips left, right, bump hips left, hold

¼ VINE, ¼ TURN VINE, HITCH, ¼ TURN VINE, HOLD

1-2 Turn ¼ left step right to right side (facing 9:00), step left behind right

3-4 Turn ½ right hitch right knee, (facing 3:00), hold

5-6 Step left to left side, step right behind left

7-8¼ turn left step forward on left, hold (facing 12:00)

½ TURN, HOLD, ½ TURN, HOLD, STEP, LOCK, STEP, SCUFF

1-2½ turn left step back on right, hold and snap fingers

3-4½ turn right step forward on left, hold and snap fingers

5-6 Step forward on right, lock left foot behind right

7-8 Step forward on right, scuff left forward

JAZZ BOX WITH TOE STRUTS ¼

1-2 Cross step left toe over right foot, drop heel taking weight

3-4 Step back on right toe, drop heel taking weight

5-6¼ turn left stepping left toe forward, drop heel taking weight

7-8 Step forward on left toe, drop heel taking weight

STOMP, HOLD, STOMP, HOLD, RUN, RUN, RUN, HOLD

1-2 Stomp left foot forward, hold

3-4 Stomp right foot forward, hold

5-8"Run" forward on left right, left, hold

Put your right hand on the shoulder on the person in front of you, use your left arm to do a "train" motion

REPEAT