

BE THE ONE

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Count: 32 **Wall:** 4 **Level:** intermediate

Choreographer: Sharon Walton

Music: The One by The Backstreet Boys

STEP, CROSS, HOLD TWICE, RIGHT HEEL JACK, ROCK RIGHT & RECOVER

- 1&2** Step left to left side, cross right over left, hold
- 3&4** Step left to left side, cross right over left, hold
- &5** Step left diagonally back left, touch right heel diagonally forward
- &6** Step right in place, step left beside right
- 7-8** Rock right to right side, rock left in place

COASTER STEP, STEP, ½ PIVOT RIGHT TWICE, POINT, HITCH, POINT

- 9&10** Step back right, step left beside right, step forward right
- 11-12** Step forward left, pivot ½ turn right
- 13-14** Step forward left, pivot ½ turn right
- 15&16** Touch left to left side, hitch left knee up towards right knee, touch left to left side

SAILOR STEP, STEP, ¼ PIVOT LEFT, CROSS ROCK, FULL TURN RIGHT

- 17&18** Cross left behind right, step right to right side, step left to place
- 19-20** Step forward right, pivot ¼ turn left
- 21-22** Cross rock right over left, rock back on to left
- 23** On ball of left spin ½ turn right, stepping forward right
- 24** On ball of right spin ½ turn right, stepping back left

STEP, SCUFF, STEP, SHUFFLE FORWARD, CHARLESTON STEPS

- &25-26** Step forward right, scuff left foot forward, step forward left
- 27&28** Step forward right, close left beside right, step forward left
- 29-30** Step forward left, touch right forward of left
- 31-32** Step right back behind left, touch left back behind right

REPEAT