

# Heartbeat

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Julie Lockton (Benidorm) & Laura Hilbert (UK) May 2013

**Music:** Enrique Iglesias - Heartbeat (ft. Nicole Scherzinger)

## Count in: 16 Seconds

### SIDE HOLD AND SIDE STEP, GRAPEVINE 1/4 TURN RIGHT, TOUCH

**1-2 & 3-4** Step right to right side, hold, step left to right, step right to right side , step left beside right

**5,6,7,8** Step right to right side, step left behind right, step right to right side making 1/4 right (3.00)  
touch left beside right

### LEFT COASTER STEP, RIGHT SIDE MAMBO, POINT LEFT & HOLD , POINT RIGHT & HOLD

**1&2** Step back on left, step right to meet left, step forward on left

**3&4** Rock Right to side, Recover on Left, Step Right beside Left (Mambo)

**5,6&7,8** Point left to left side, hold, step left to meet right, point right to right side, hold

### RESTART HERE AT WALL: 2 and 5

### STEP FORWARD, POINT, STEP FORWARD, POINT, CROSS UNWIND, ROCK, HOLD

**1,2,3,4** Step forward on right, point left to left to left side, step forward on left, point right to right side

**5,6,7,8** Cross right over left, unwind ½ turn (09:00), rock onto left, hold

### RIGHT SIDE SHUFFLE, ¼ TURN LEFT SHUFFLE , JAZZ BOX

**1&2** Step right to right side, step left to right, step right to right side

**3&4,** Turn ¼ to 06:00 over left shoulder and step left to left side, step right to meet left, step left to left side

**5,6,7,8** Cross right over left, step back on left, step right to right side, step left next to right

### STEP BACK, TOUCH & CLICK, STEP FORWARD, TOUCH & CLICK, STEP FORWARD, TOUCH & CLICK, STEP BACK, KICK RIGHT

**1,2,3,4** Step back on right, touch left next to right clicking fingers (optional), step forward on the left, touch right to left clicking fingers (optional)

**5,6,7,8** Step forward on right, touch left next to right clicking fingers (optional), step back on left, kick right forward

### **SLIDE RIGHT, TWO TAPS , GRAPEVINE LEFT WITH ¼ TURN LEFT, TOUCH**

**1-2-3 &4** Slide to the right (1-2-3) tap left foot next to right twice (&4)

**5,6,7,8** Step left to left side, step right behind left, step left forward making ¼ turn left (03:00), touch right next to left

### **SYNCOPATED OUT OUT, IN, IN, DOUBLE HEEL BOUNCE, KICK BALL CHANGE, WALK, WALK**

**&1&2-3-4** Jump feet apart right, left, jump feet together right, left, double heel bounce

**5&6-7&8** Kick right foot forward, step down on right, change weight to left, walk forward on right, walk forward on left

### **MONTEREY ½ TURN TOUCH, WALK FORWARD X 2, HEEL BOUNCES ½ TURN**

**1-2-3-4** Point right to right side, bringing right to meet left turn ½ (09:00), point left to left side, touch left to right

**5-6-7-8** Step forward left, step forward right, bounce ¼ turn to 06:00, bounce ¼ turn to 03:00

### **END OF DANCE**

**AT THE END OF WALL 11, 4 beat count Tag: "Hold", before Starting Wall 12**

**SPLIT FLOOR DANCE WITH:**

**LITTLE HEARTBEAT (Julie Lockton and Laura Hilbert)**

**32 Count / 2 Wall / Beginner / NO RESTARTS / 4 Beat count "Hold" tag end of Wall 11**